



Lumsden Light

Produced in association with Northern Southland College
Your Community School
lumsdenlight@hotmail.com

7 June 2024

TO THE HOUSEHOLDER

POSTAGE PAID

The Week Ahead

FRIDAY 7 JUNE

HOUSIE/BINGO at Lumsden Senior Citizens' Rooms at 2pm, anyone is welcome to join us for an afternoon of fun, \$2 entry fee with afternoon tea to follow.

MONDAY 10 JUNE

NORTHERN SOUTHLAND COLLEGE PTA AGM - 7.30 pm in the staffroom. We will have a thorough update on what is planned for the playground and encourage discussion around what else could be included in the playground redevelopment other than the major equipment purchases. All NSC parents welcome to attend.

ANGLICAN CHURCH SERVICES

All Saints Church, Meadow Street is open weekdays for private prayer and meditation.

PRESBYTERIAN CHURCH SERVICES

Sunday 9 June 10am Mossburn
10am Lumsden

CATHOLIC CHURCH SERVICES

Every Sunday, Mass 11am Balfour
First Sunday, Mass 7pm Lumsden
Every Sunday, Mass 9 am Mossburn
Other Sundays, Communion Services 6.30pm

Coming Up

14 JUNE - LUMSDEN SENIOR CITIZENS WILL BE HOLDING THEIR POT LUCK MEAL in the Rooms at 12.30pm followed by their AGM. Apologies to Trish 021 512 9425

14 JUNE - BALFOUR HOME AND SCHOOLS QUIZ NIGHT at the Balfour Sports Ground. \$40 for a team up to 5. Bar, food, raffles and auctions. Grab a group of mates and have a fun night out. Any more information please contact Janelle on 027 826 7079.

19 JUNE - NSCRCCT AGM You are warmly welcome to join us for the Northern Southland Community Resource Centre Charitable Trust AGM. 7pm, at 58 Garden St, Lumsden

3 JULY - FARMLANDS CALF REARING ROADSHOW 2024 Join us for expert advice from Stacey Cosnett and Karen Fraser on calf rearing, from colostrum, to shed prep, nutrition, to animal health and everything in-between. Plus prizes, food and more! 10am-1pm @ the Mossburn Community Centre.

5 JULY - FARMLANDS MOSSBURN CALVING DAY - Save it in your calendars! Come join the team for great deals on everything you need for calving and advice from the experts. More details to come.

For Sale

ST JOHN OP SHOP June is our fundraising month. The Campaign this year is Go Bright to Light the way so we have brightened up the shop with bright clothing displays. We are trying to raise funds to build and repair our ambulance stations. If you are able why not have a morning tea or a muffin day to help us raise funds (no amount raised is too small). We have brochures in store to give you fundraising ideas. Or, if you are able to give small change, we will have our "ambulance" donation box in store. We will also be at the Four Square on Friday the 14th June. Thank you, Four Square, for your support. Come in and see our displays in store or on Facebook.

FIVE FINGER CRAFT & INFORMATION: Come and check out our range of Baby knits, Gifts and knitwear for the whole family and check out our half price items in store Find us on Facebook

SPARKY'S FIREWOOD Douglas, Macrocarpa, Blue Gum, Pine and Hot mix \$100 / metre Free delivery 027 252 8609

FIREWOOD 2.5 metres delivered to Mossburn, Lumsden, Five Rivers, \$200.00 ph or txt Mark 021 839 066

BAGS DRY PINE CONES ph 027 671 9833

RESIDENTIAL SECTION FOR SALE - 1012 square metres at 12 Folia Street, Lumsden. Enquiries to 021 924 384

TO GIVE AWAY: 2 OLDER STYLE SINGLE BEDS PLUS 2 INNERSPRING MATTRESSES, 2 dresser drawers (6 drawers each), 2 bedside drawers (3 drawers each). Perfect for anyone looking to furnish a bedroom on a budget or take on a DIY project! Contact 03 248 7233 to arrange pick-up.

SELLING ON BEHALF - CLUMPS OF PEONIES Coral or White \$5 each. Please ph or text Cindy 027 353 3598

FISHER & PAYKEL TOP LOADER WASHING MACHINE 3 months old with warranty. \$900 ono ph 027 211 3226

Employment

FIVE RIVERS CAFE IS SEEKING A CAFE ASSISTANT. Previous experience in Cafe work could be advantage, however full training available to the right person. Please call 021 053 6468 or email info@fiverivers.nz

COIMMUNITY TRUST SOUTHLAND - STAFF VACANCY Kaiarahi—Cultural advisor Maori. Part time 20hours per week for a fixed term of 1 year. The Kaiārahi - Cultural Advisor Māori role is responsible for supporting the Trust in this mahi in developing Te Ao Māori me tōna tirohanga (the Māori world and perspective). Closing date: 5pm Thursday 20 June 2024.

Wanted

TO BUY - BLOCK OF LAND or lifestyle block or wanted to rent farm house in Southland Area ph 027 427 2137

CHILDREN/TAMARIKI - NORTHERN SOUTHLAND KINDERGARTEN has spaces available to fill for 2 year olds through until school age. Enquire now about enrolling. Northern.Southland@Ska.co.nz 4 Helena Street Lumsden, Tel 027 297 5929, or pop in to see us!

NORTHERN SOUTHLAND COLLEGE



Our uniquely designed sponsorship program has helped put over \$1.6 million of resources into more than 500 rural schools in the last fifteen years.

It's very simple. Customers can nominate a participating school to receive 50 cents for every 100L of bulk fuel they have delivered.

Once a participating school reaches their \$1,000 target they can redeem from the variety of technology, sports, literature & music packages on offer. The more people involved and nominating a school the sooner they will be rewarded.

Call 0800 99 99 89 to start supporting your local school today!

Accommodation

HOUSE FOR RENT Large 4 bedroom house for rent in rural setting, warm house and large storage areas, 20 minutes from Lumsden, \$300/week Phone 021 444 802

WANTED - HOUSE FOR RENT IN LUMSDEN Ph 021 026 90174

Weekly (During School Terms)

MONDAYS

BALFOUR SCOUTS GROUP Cubs 7-11 years, Monday nights 6 pm - 7.30 pm, Scout Hall Balfour. For more details please contact Group Leader Trevor 021 708 514 or Noortje Hamers 027 937 4851.

MOSSBURN SQUASH CLUB social squash . All welcome, all levels. Come and have a hit and see what it is all about. Ph 021 027 19841 for further information

LUMSDEN LIBRARY BRICK CLUB Fortnightly during term time. Mondays 3 – 4pm. Calling all Lego fans, come along and take the weekly challenge. For more information ask at the Library.

LUMSDEN LIBRARY CHESS CLUB fun for all ages. All welcome. Fortnightly (on alternating Mondays with Brick Club). Mondays 3pm to 4.30pm. For more details, please contact carosine@hotmail.com

LUMSDEN LIBRARY CHESS CLUB recommences on Monday 26 February and every fortnight (alternating fortnightly with the BRICK CLUB) from 3 pm to 4.30 pm at the library.

BRICKCLUB! Come and join us for Lego fun. Mondays fortnightly at the Library. Please see our website or phone the library to check which fortnight it is on.

BADMINTON at Mossburn Community Centre, during Term time 7pm. All ages and abilities most welcome. \$2 each night. More information please phone Patrick 022 048 0355 or Jennifer 021 248 7672

TUESDAYS

BALFOUR PLAYCENTRE: Is open every Tuesday and Friday from 9am to 12pm. Located at the Balfour Primary School, come visit us for a coffee, catch up and see what our wonderful facility has to offer you and your child. Operates during school term dates. For further information please contact Kathryn Moir 027 314 0015

MOSSBURN PLAYGROUP: 9 -12 every Tuesday during term time. At Mossburn community centre. Fun and engaging activities organised each week, with great indoor/outdoor play areas. BYO food for Tamariki. Tea, coffee and morning tea provided for mums. Relaxed and welcoming space. For more information contact Tammy 021 223 5421, or just come along.

DIPTON PLAYGROUP Every Tuesday 9.30-12pm. Located behind Dipton Memorial Hall. Fully certificated and co-ordinator run. Each session offers a theme/activity, as well as great indoor and outdoor play. Great chance for Mums and families to relax and allow little ones to have fun playing while learning. Plus a separate Discovery Time/Wa Kitea excursion for 4.5 year olds to Dipton School. Phone Jacinda 027 339 1394

GARSTON PLAYGROUP: Under 6s. BYO morning tea. Awesome fun activities - something different each session. 9.30am - 12.30pm Look forward to seeing you there. The Old Post Office, Garston. Phone Shaina Pepper 027 709 9284

DIPTON TOY LIBRARY 9.15am - 11.15 am. Other times by arrangement. During school term. Wide range of toys for 0-6 year olds. Located in the Memorial Hall. Fees : \$45 annual; \$12 casual. Email diptontoylibrary@outlook.com

LUMSDEN LADIES' GOLF 9 and 18 holes. Tee off 10 am. Some sets of clubs available. Contact Lois Mitchell 027 487 4753. All welcome.

DIPTON GOLF CLUB - 10.00 am, 18 holes contact Paddy 248 5149

COMMUNITY GARDEN, meet every Tuesday 1pm at the garden in Helena Street. All welcome.

'SENIORS' CAFÉ' No joining fees just cost of a tea/coffee and scone - subsidized to \$5.00. First Tuesday of the month 10am Contact Cara Colquhoun 03 248 7885.

MOSSBURN SENIOR CITIZENS meet on First and Third Tuesdays each month, in the Senior Citizens Rooms, Devon St, Mossburn at 2pm. All welcome Ph 248 6474 or 248 6073

PATCHWORK & QUILTING CLASSES Patchwork and Quilting Class will be held most Tuesdays, from 1pm until 4pm, at the Five Rivers School. Everyone welcome. Weekly fee, tutor \$15, venue donation \$3. Please phone/text Jenny Taylor 027 227 2515 for further information, to register and to check dates

WEDNESDAYS

GARSTON PLAYGROUP: As Mondays

BIBLE STUDY HOME DELIVERY Would you like to attend Bible Study, but family commitments, mobility or transport keep you from attending? Maybe we can help, phone or text Graham 027 414 2288 GEN-2-REV BIBLE STUDY

BIBLE QUESTIONS: GEN-2- REV Bible study is taking a break for a few months. Got Bible questions? You can still text them to 027 414 2288

LUMSDEN PLAYCENTRE PLAYGROUP open 9.30am – 12.30pm every Wednesday for ages 0 - 5 years, during the school term. We have a fantastic facility and welcome new families to come along and see for yourself! Your first two sessions are free so you have nothing to lose and everything to gain! Check out our Facebook page for more information, or contact Trinity on 027 307 9802

WEDNESDAYS CONTINUED

SING ONG TAI CHI Classes held on Wednesday at 10am at the Senior Citizens' Rooms in Lumsden. This branch of Sing Ong Tai Chi teaches the Yang style of Tai Chi Chaun as taught by Professor Yek Sing Ong and is now open to the public. The instructor is John Titter who has been training in Tai Chi since 2002. the Sing Ong Tai Chi is a very soft internal art that is beneficial for all ages and fitness levels, beginners are welcome. Benefits of Tai Chi: Improved relaxation, Flexibility & Posture, Energy Levels, Co-ordination, Concentration and Rehabilitation. For more information contact John Titter Ph 027 491 7299 or email j.k.titter@gmail.com

SOCIAL CRAFT EVENINGS: 1st and 3rd Wednesdays of each month, 7-9pm in the rear of the Dipton Hall. All very welcome - BYO craft. No registration or commitment required - just come along! For further information: Sue Caddie 027 285 8378.

THURSDAYS

MOSSBURN CRAFT GROUP meets first and third Thursday of month. 10am until 3pm, lots of talent if one is thinking of taking up a new hobby, all welcome. Contact 248 6474 for further information

NORTHERN SOUTHLAND WALKGROUP meet 2nd and 4th Thursday of the month, come enjoy genial company, fresh air and wonderful country while active to one's limits. 5 to 9-10kms accommodated. Enquire at 03 248 6474

MID NORTHERN SOUTHLAND TOY LIBRARY will be open on the first Thursday of every month from 2:45-3:30. Come and visit us at 33 Pluto Rd, Lumsden and check out our huge range of indoor and outdoor toys, puzzles and games. New members welcome. Contact Kate 027 811 2919 or find us on Facebook.

FIVE RIVERS' PLAY GROUP 9.30 -12.30 Wonderful local playgroup, great indoor and outdoor play, music, paints, wood work and plenty more. Small focused activities every week, great chance for mums and families to relax and let kids be kids. Located in the old Five Rivers' School building. Contact Mikaela on 027 773 2083 or just pop along for a look.

FRIDAYS

BALFOUR PLAYCENTRE: As Tuesday.

GARSTON PLAYGROUP: As Tuesday.

SOCIAL BIKE RIDES - Every Friday at 5.30pm. All welcome and all abilities. Come along and see what it's about. Ph 027 974 3288 for further information or look up Northern Southland Social bike rides on Facebook for all the details.

SATURDAYS

LUMSDEN COMMUNITY NURSERY The fortnightly "Plant Lovers' Social Group" is happening. Come and join us from 10am-12pm every second Saturday for a fun and relaxed morning of planting, chitchat and morning tea. Sometimes we might even head off on a seed collecting expedition. All are welcome! Follow us on Facebook @reforestsouthland or text to go on our reminder list (027 693 1394) Dates are 10 & 24 June

SUNDAYS

CASTLEROCK MOSSBURN PONY CLUB weekly rallies. Everyone welcome at any level, come along and have a go. Please contact , Annabel Saunders - President 021 176 2648 or Megan Vande Sandt 027 269 3211

ATHOL MARKET every fine Sunday, 10am till 2pm outside The Brown Trout Café. Stalls only \$5. Plenty of room for everyone. Please phone Jan on 03 248 5258 to book in or any enquiries

MID NORTHERN SOUTHLAND TOY LIBRARY will be open on the third Sunday of every month from 10 -11am. Contact Kate 027 811 2919 or find us on Facebook

MOSSBURN GOLF CLUB - 18 holes tee off 12pm, 9 holes tee off 2:30pm - Open to all players - Now offering first year half price memberships for new members - Contact Richard 027 822 7719

Public Notices

CARETAKER FOR LUMSDEN MEMORIAL HALL is Kath Miller phone 027 905 3108 or email kathcando@slingshot.co.nz

CANCER SOCIETY SUPPORT SERVICES available in your area for anyone affected by Cancer. Contact Jo Bremer 021 562 939

LUMSDEN MATERNITY AND WELL CHILD HUB - I am available for Women to get free and confidential Pregnancy tests, bloods tests ordered by their LMC during Pregnancy, Breastfeeding support, and Urgent Antenatal assessments as required by the LMC on a Monday and Thursday from 10am - 2pm. I can be contacted on 021 249 9964 or the hub phone on 03 248 7050, 58 Garden Street Lumsden, Maternity Entrance. Shelley Wesselson .

Public Notices Continued

BALFOUR LIONS CLUB are interested in hearing from groups or clubs or individuals to cater for our tea meetings on a monthly basis. Phone: Barbara 201 6200 for more information.

BRICKCLUB! - Come and join us for Lego fun. Mondays fortnightly at the Library. Please see our website or phone the library to check which fortnight it is on.

LUMSDEN LIBRARY CHESS CLUB – every fortnight (alternating fortnightly with the BRICK CLUB) from 3 pm to 4.30 pm at the library.

I NEED YOUR HELP!!! In January 2025 Lumsden is going to be the base town for the MAGNificent - an Adventure Race starting on Jan 26 and running for approx 5 days. There are 60 teams entered for this (each with 4 members), so lots of accom needed! As well as NZ teams, we have about 22 international teams coming over so it would be great to help them sort somewhere to stay. So....looking for accommodation options for pre-race (24th and 25th) and maybe post-race. Maybe it's an empty house on your property that you'd like to rent to a team, or maybe you just want to move out and rent your own! Maybe you would like to host a team? If you think you have any accommodation solutions please get in touch with me.

MICHELLE MITCHELL 027 312 3032 or glenandmoo@gmail.com

NORTHERN SOUTHLAND KINDERGARTEN has spaces available now. Contact Northern.Southland@Ska.co.nz 4 Helena Street Lumsden, Tel 027 297 5929. If you are interested in enrolling your child/ren. For tamariki from 2years and up, and currently have space in our role every day excluding Wednesday afternoon.

SOUTHLAND DISTRICT COUNCIL – NOTE: DOG RENEWAL TIME 1ST JUNE TO 31 JULY – penalties apply thereafter. ALL dogs MUST be registered by 3 months of age. All dogs eligible to be registered with the Southland District Council can be microchipped for free at the Railway Station on Wednesday 12 June 2024 between 11.30 am to 12.00 pm (noon) just ask for Stu in his SDC vehicle.

SOUTHLAND DISTRICT COUNCIL – provides community housing that enables eligible residents to remain living in their local community. To find out more head to: www.southlanddc.govt.nz/housing or contact: Wendy Dunn 0800 732 732 or email: contacthousing@southlanddc.govt.nz

LUMSDEN LIBRARY – calling all kids - if you read seven books, make it count for a reward and earn yourself a free kid's pizza from HELL PIZZA in Invercargill. Simple rules - read 7 books to get one complete "pizza wheel" to claim your free pizza until the end of the year. Start collecting your pizza wheels from the library today!

LUMSDEN LIBRARY – winter is upon us and nothing beats finding a nook and getting cosy with a good book so if you're an avid reader, make those pages count by joining our annual Winter Reading Challenge. The rules are simple...read and log five books during the month of June and July and be in to win Paper Plus vouchers and other great prizes.

CARPENTRY SOUTH 2024 LTD - Builders covering all of Southland for your residential, commercial and rural requirements. Member of NZ Certified Builders and Licensed Building Practitioners. Please phone Scott Weller on 027 303 9304 or Michael Clark on 027 839 3814 for any inquiries.

Local Businesses

AA DRY DIGGER HIRE AND BALING: 12 ton digger, \$60 ph delivered. Full mowing, tedding, raking and baling. Wrapped single fusion bales. We also offer lawn mowing - farm cottages, roadside and tanker tracks. For details, please phone Greg 027 435 4746

ADDED ENERGY LTD: Our team of experienced staff can handle all your electrical, pumping, dairy shed and effluent needs. Domestic, rural, industrial, commercial, inspections, solar and energy efficiency, we can handle it all. 0800LUMSDEN (0800 586 733)

BALFOUR THEATRE COMPANY: Costume Hire. Ziggy Roy Ph 201 6058 or 027 444 8353

BRACKEN HALL: has warm, woolly clothes to keep you warm and cosy this winter. Come in and check out our selection of clothing and have a hot drink and scone/savoury.

Local Businesses

BRETT MIDDLETON CONTRACTING LTD: For all your Fencing requirements and now available Diggers/Bulldozers for all your earthworks requirements with experienced operators. Phone for a quote 027 329 2698.

BROOM AND GORSE SPRAYING: specialist in steep terrain and all general spraying. For more information please ph/text Jason Hoyle 021 185 1909

BURR FARM SERVICES: Contact us for any Boom Spraying requirements. We are currently taking on clients for Pro Gib & Liquid N. We also have limited spaces for Gun Spraying and any Farm Maintenance over winter. Contact Mike on 027 629 9975

COMPUTER SERVICE and sales for anything not working properly: desktop, laptop, tablet or telephone. Viruses and malware removed. Photos and other data saved and restored to same or new device. My father used to call me Mr Fixit. Ph 03 225 4423 email john.hardcastle@orcon.net.nz or go to <http://tinyurl.com/kq9ha58>

DAVID STEVENSON AUTO LTD: York Rd, Riversdale. We can offer Lumsden and surrounding districts the following - Full Mechanical repairs, Transmission Flush, Tyres and Batteries, Diagnostic scanning. Contact the team at David Stevenson Auto Ph 03 202 5345 or 027 437 3631.

DIPTON SERVICE CENTRE 2018 LTD: Mechanical repairs, batteries, WOF, tyres, computer diagnostics and European specialist. Contact Tim 03 248 5273 or 022 127 8391

EARTHMOVING AND DRAINAGE: CJ and AR Sheat Limited: 13 tonne digger, tip truck, transporter and drain cleaner. Farm drainage and general earthworks, site preparation, root raking, blocked drains and tiles, gravel supply and cartage. Phone Campbell 027 271 8283 or Ang 027 9182 155

EVANS FREIGHT - daily freight service for all freight/courier parcels ex Invercargill, Winton, Lumsden, Mossburn and Te Anau and return. Can help with freight connections in New Zealand. All enquiries 03 249 7119.

EWL LIMITED, BALFOUR: Baling and Silage contractor servicing the Northern Southland District. Phone Brent 027 485 5994 or Matt Muir 027 220 4000

FARMLANDS MOSSBURN June Specials NRM Peck n Lay 20kg 2 For \$59.00, NRM MultiFeed Nuts 20kg 2 For \$52.00, Skellerup Marathon 4x4 Gumboots \$129.99, Stockman & Paddock Working Dog Dry Food 20kg \$99.99, John Bull Tracker Boots \$179.95, Backroad NZ Windbreaker ¼ Zip Pullover 2.0 Jersey \$109.95, 40% OFF Iplex Greenline Range, 10 - 25% OFF Calving with Shoof Products, Iplex Novaflor Pipe Punched 110mm x 100m \$449.99.

FIVE FINGER CRAFT & INFORMATION: Come and check out our range of Baby knits, Gifts and knitwear for the whole family and check out our half price items in store Find us on Facebook

FIVE RIVERS' CAFÉ/GALLERY: Come & enjoy our freshly baked treats in our sunshine filled garden. Fantastic coffee, cabinet food & a full menu available seven days a week from 8am to 3pm. New giftware & artwork in the gallery! For bookings or enquiries call our friendly staff 248 7755.

FORK AND SPADE LTD: Leaders in Riparian planting - initial on farm consults, plant supply, proven planting processes, after care programmes. One off and on going garden maintenance and care.

Ph.021 223 5421 forkandspade.co.nz email - planting@forkandspade.co.nz

GORSE AND BROOM A PROBLEM? FJ and AM Rae LTD are now operating a Twin Reel Unit in your area. For more information please phone Frank on 027 497 2887

HANK'S PLACE: Ready for winter grazing? Great prices on **STRAINRITE DURA -TOP & HOT POST standards, GALLAGHER GEARED REELS and RX PLASTICS troughs** (stock is limited, so don't miss out). **BEKINA GUMBOOTS** – ultimate comfort, lightweight and excellent grip. **Premium dry dog food "A La Carte"** - you can be certain that the **A La Carte** formula promotes optimum energy, a strong immune system and an improved metabolism allowing your working dog to achieve the best health possible at a great price. **Bagged 30kg whole wheat, oyster grit and TOPFLITE Scratch'n'Lay** - everything your laying hens require for a healthy diet and egg production. 148 Flora Road LUMSDEN Phone:03 2487522

HIGH REACH VACUUM SERVICES FOR EXTERIOR PROPERTY CLEANING.
Gutter Cleaning- operating specialised equipment safely from the ground. **House Washing-** removing dirt, webs and organic growth, making it "Sparkle" again. **Downpipe and Culvert Unblocking. Hard Surface Cleaning-** driveways, footpaths and all other water blasting needs. **Moss and Mould Treatment** - for prolonged resistance to unwanted organic growth. **Window Cleaning-** traditional squeegee method for inside and out. **HRV keeping your home and business healthy and clean. Call Glenn on 0278690361**

JIMMY'S CARPET: Carpet Layer. Free measure & quote Lumsden & surrounding districts. Ph. Jimmy 027 445 9731.

JIM BRIGHT PAINTER AND DECORATOR Professional, Honest, Reliable Service. 30 years' experience. Phone 021 178 -0142



Northern Southland Medical Trust
The medical trust is asking the community members of NS to please participate in an anonymous 7 question survey to identify what medical services are working well and where there are gaps. We would greatly appreciate 10 minutes of your time to complete the survey using the QR code.

Local Businesses

KITCHENS & JOINERY: MASTERCRAFT KITCHENS by NIGEL MOLLOY JOINERY LTD are proud to be your local kitchen manufacturer. Call the team on 0800 464 435 or Nigel on 027 437 4830 or email office@molloyjoinery.nz. Do you need a new Kitchen? Are you looking for shelving, storage, a pantry, a laundry, wardrobes, doors, windows, stairs, bathroom or kitchen appliances? Then look no further as we do it all for you to suit your lifestyle and your budget! And our expert design team can turn your ideas into 3D plans and images, so you can see what your kitchen will look like. Call today and check out our website for inspirational ideas <https://www.nigelmolloyjoinery.co.nz>

LUMSDEN PRESCRIPTION & GIFT CENTRE: You can now ask for repeat scripts by text to 027 230 1400 (No phone calls to this number please. Any other inquiries to 03 248 7102. 10am to 5pm, Monday to Friday. Script collection times 11.30am and 3pm **Please note later collection time**

MASSAGE & SOFT TISSUE THERAPY. Appointments available in Balfour from a qualified & experienced therapist. Treatments available - myofascial release, injury prehab/rehab, sports performance & recovery, improved mobility and movement, relaxation & pregnancy massage, trigger point therapy & dry needling. For more info check out my FB page or sonjawatkinswellness.co.nz. Ask me about nutrition coaching and exercise prescription also. Advance bookings essential. Inquiries welcome. To invest in your wellness ph/text: 027 647 3663 or email: feelgood@sonjawatkinswellness.co.nz

MASON ADAMS CONTRACTING LTD: For all your crutching requirements – Ewes, Lambs and Rams over a triple or single trailers. Now also Tailing Contracting as well. Phone Mason on 027 491 3428

NORTHERN SOUTHLAND BUILDERS for New Kitchen, Bathroom and Shower renovations. Replacement Windows and all Flat pack Joinery. Plus Landscaping, retainer walls, decks and fencing and planter boxes. Call Northern Southland Builders on 027 359 6468 for a free quote.

PLANTING NATIVE TREES? Garto Tree Protectors: Innovative weed suppressing tree guards — No follow up spray needed after planting. Available at Mitre 10 Winton. For bulk quantities call Hugh 027 714 2188. Dipton based — discount given for locals / Lumsden Light readers.

ST JOHN OP SHOP: Are you someone who loves to sort through stuff and have an eye for detail? We are in need of some volunteers who don't mind getting their hands dirty and know a treasure when they see it. It might be bric-a-brac or clothing. Why not join our team of volunteers? It's easy to join just go to join.stjohn.org.nz choose Volunteer and follow the prompts or scan the QR code at the front window. Joining has never been easier. Come in and see Perla and let me know you have applied. 4 hours a week is all we ask. If you are travelling from out of town, we can provide a little incentive to help you so long as you meet our minimum requirements. We can now accept students from 16 years and above but it's better if you bring along a buddy and volunteer together. Enquire today. Open Tuesday-Saturday 10am-430pm

NORTHERN SOUTHLAND HEALTH SHUTTLE SERVICE: If you need transport to any medical appointment the Health Shuttle can take you. Just call the 0800 number. The service operates Monday to Friday, excluding public holidays. For more information or to make a booking please call 0800 103 046. Bookings are required by 3pm the day prior to transport. This service is run by volunteers. We do not charge a fee for Health Shuttle transport, however, we do accept donations to help cover costs. The phone number has changed but the Drivers are still local drivers.

Q-TECH CONSTRUCTION LTD – For all your building, construction and maintenance needs. Please contact Blake O'Connor on 027 953 2452 or email admin@qtechconstruction.co.nz

RACHAEL COLLINS-CELEBRANT: bookings for weddings are already being made for 2025. A Validated member of the Celebrants Association of New Zealand (VCANZ). For inquiries call me on 027 235 5144 or email info@rachaelcollins.co.nz

REED PLUMBING & GAS. Certifying plumber and gasfitter for all your plumbing and gas requirements. Covering Lumsden and surrounding areas. Our services also include central heating, gas appliance maintenance/certification and diesel boiler servicing. Contact Darren or Callum on 021 076 2274, email office@copg.co.nz

ROCK HOMEKILL: Ray Orchard Contract Killing - Lumsden based operator - Servicing Northern Southland and Beyond since 2006. Check out our Facebook page - ROCK Homekill and use the ROCK homekill booking - Jotform. Ph: Ray (Oz) 027 248 6396.

SOMATIC REHABILITATION: somatic psychotherapy for true peace of mind. For more information visit www.somatic-rehabilitation.nz or phone Sheree Honeyfield-King 027 200 0355

SOUTHERN LAND & WATER PLANNING LTD: We specialize in preparing: resource consents, farm environmental management plans, policy advice, DOC concessions, landscape and riparian management plans and landscape assessments. Call Rebecca on 027 424 6129 or Sonya on 027 505 0077 or visit www.slwp.co.nz for more information.

SQUARE UP BUILDING: Rural - Residential - Landscapes, contact Jamie Maginn Licensed Building Practitioner & member of Registered Master Builders on 027 300 7780, jamie@squareupbuilding.co.nz follow us on Facebook to keep up to date with our latest projects

STALKER BUILDING LTD: Stalker Building Ltd has been servicing Lumsden, Mossburn, Athol, Balfour, Dipton and surrounds since 2005. For all building requirements from repairs and maintenance to renovations, additions, fire installation to new builds. House plans available. Proud to be a member of Registered Master Builders and David is a Licensed Building Practitioner. For a professional service from a local lad call David Stalker 027 463 8685

STOP BIRDS RATS AND LEAF DEBRIS from entering your gutters. A steel mesh design product, colour matched to your roof PLUS engineered for snow loading. For all enquires phone 027 359 6468 for a free quote

STORAGE SPACE.KIWI: Secure, cost effective, storage solutions in Lumsden. Shipping containers also for sale. Phone Campbell Sheat 027 271 8283 www.storagespace.kiwi

SOUTHERN HIRE & CONTRACTING: Grass Measuring & Weed Wiping available. Ideal to keep an eye on inputs and track your feed efficiency. Weed wiping gets rid of ragwort, nodding thistles, call's and many more nasties. Available in the Balfour, Lumsden, Mossburn, Riversdale, Dipton and surrounding areas. Good modern equipment, competitive price and prompt efficient service. Call Chris Wilson 027 474 7558 for more information

SOUTHERN HOOF CARE Professional hoof trim services and lame cow care in the south. Get in touch today ph 027 478 9632 or www.southernhoofcare.co.nz

ULTRASCAN NORTHERN SOUTHLAND: Pregnancy testing cows and calf dehorning. Ph 248-7338 Mob 027-690 0179 Lukas & Gabriela

UNDERGROUND TAKEAWAYS - available to empty your septic tanks and any other sumps that need cleaned Ph Brian 027 208 1566

WILSON BAIRD BUILDING - providing building services to Riversdale and the wider Northern Southland area. Licensed Building Practitioners completing new builds, renovations and farm buildings. Phone Gav Wilson on 027 319 1344 for all your building needs.

NSCRCCT COMMUNITY CO-ORDINATOR'S OFFICE

'SUPPORTING THE NEEDS OF OUR COMMUNITY'

NSCRCCT COMMUNITY CO-ORDINATOR

Covering the Northern Southland areas
 Mossburn, Lumsden, Balfour, Athol, Garston and Dipton

REMEMBER - Free confidential advice and support for all members of our community. Cara Colquhoun Phone 248 7885 / Cell 027 810 8880 email nscco-ord@xtra.co.nz

- **SENIORS CAFÉ** - next café will be at Route 6 on Monday 1st July at 10am
- **COMMUNITY GARDEN** meet every Tuesday 1pm at Helena Street-All welcome
- **PATAKA KAI** is now situated at the front of the Community Garden in Helena Street.
- **OUR NEW HOME IS AT THE BACK OF MATERNITY CENTRE.**