



Lumsden Light

Produced in association with Northern Southland College
Your Community School
lumsdenlight@hotmail.com
13 October 2023

TO THE HOUSEHOLDER

POSTAGE PAID

The Week Ahead

FRIDAY 13 OCTOBER

LUMSDEN SENIOR CITIZENS MEAL will be at The Top Pub Winton 12.30pm, please contact Irene 248 7323 or Gail 248 7200 before Wednesday 11th to ensure your place at the table.

SUNDAY 15 OCTOBER

DIPTON COMMUNITY CHURCH. The final Church Service and the closing of the Church buildings will be held on Sunday the 15th October at 2.00pm. Please take note of this and extend an invitation to everyone, especially to those families you know of who have attended and/or had a connection with the Dipton Church in the past. Afternoon tea and fellowship will follow in the Dipton Hall on the main road.

WEDNESDAY 18 OCTOBER

BALFOUR PLAYCENTRE AGM

GUARDIANS OF GLENURE ALLAN RESERVE WORKING BEE (pest plants) Wednesday 18th October & Friday 20th October (From 1pm) bring gloves & secateurs, meet at top of Glenure hill. All welcome to help or join this group to keep the bush reserve free of invasive pest plants & animal pests also to initiate education based installations. The reserve was established in the early 1980's intended as a native bush outdoor learning environment for children. Located on top of the Glenure hill it is home to the worlds southern most grove of Kauri trees now 40+ years old, which were planted by the Balfour community. Turn up on the day(s) or for more information please contact Andrea 027 359 6714.

Coming Up

20 OCTOBER - HOUSIE at Lumsden Senior Citizens Rooms at 2pm, anyone wanting a fun afternoon are most welcome to join us, \$2 entry fee with afternoon tea to follow.

28 OCTOBER - LUMSDEN RWNZ meet 1.30pm on Saturday 28 October. Car pool at D Millar's 131 Flora Rd, for garden tour.

10 NOVEMBER - BALFOUR LIONS CLUB FIREWORKS NIGHT Entertainment, Food stalls, Music by Hollie McBride, Jeeps etc.. A great night of fun. Gates Open @ 6.30pm @ Balfour Gun Club grounds.

25 NOVEMBER - SOUTHERN ARTISAN CHRISTMAS FETE Save the date, 10 am - 4pm. The Hideaway 201- Winton. Live music, Free Parking on site, Over 170 beautiful artisan stallholders, gate entry \$20 or \$50 pre-purchased gourmet lunch box with bubbles. www.southernfete.co.nz

16 FEBRUARY- MOSSBURN COMMUNITY FLOWER SHOW. Now is the time to start thinking about the adult and children's sections. Covering everything from flowers, garden produce, photography, jams, baking, knitting, arts and crafts etc. See our Facebook page for more information

ANGLICAN CHURCH SERVICES

All Saints Church, Meadow Street is open weekdays for private prayer and meditation.

PRESBYTERIAN CHURCH SERVICES

Sunday 13 October
10am Mossburn
10am Lumsden

CATHOLIC CHURCH SERVICES

Every Sunday, Mass 10.30am Balfour
First Sunday, Mass 7.00pm Lumsden
Other Sundays, Communion Services 6.30pm
Every Sunday, Mass 9.00am Mossburn

DIPTON COMMUNITY CHURCH

Will be closing on 15 October 2023. The final Church Service and the closing of the Church buildings will be held on Sunday the 15th October at 2.00pm. Please take note of this and extend an invitation to everyone, especially to those families you know of who have attended and/or had a connection with the Dipton Church in the past. Afternoon tea and fellowship will follow in the Dipton Hall on the main road.

For Sale

ST JOHN OP SHOP Now we would really like to get some reviews on our Facebook page or on Trip Advisor. Therefore, for the school holidays why not give us a review and receive 25% off in store - only 1 review per household. We can help you if you need it, bring your smartphone and we can point you in the right direction. On Trip Advisor we are known as Hato Hone St John Retail Store, just visit www.tripadvisor.co.nz and do a search. On Facebook we are St John Lumsden Store. To leave a review there you go to the Facebook page and click on Ratings then follow the prompts. Enjoy your break. Hope to see you soon.

FIVE FINGER CRAFT & INFORMATION: Come and check out our range of Baby knits, Gifts and knitwear for the whole family and check out our half price items in store Find us on Facebook

HAY - Round Bales of shed stored hay available. \$40 per bale, suitable for cattle, Balfour district. Phone 027 224 5275

GRASS KART METAL FRAMES-with bodywork included \$50 each ph 03 248 7121

FURNITURE - Green leather lounge suite - 2 chairs and one 3 seater couch, Queen size slat bed and mattress with bedstead, farm homestead size kauri table with extension and six chairs to suit, Russian pine wall unit, good condition, 2.4 mtr long , good unit. phone 027 227 5497

SMALL BALES OF HAY. Very good for horses and other small animals. \$9 per bale. Pick up 10 minutes by car from Mossburn or Lumsden. Contact: 021 725 971

SPARKY'S FIREWOOD Douglas, Macrocarpa, Blue Gum, Pine and Hot mix \$100 / metre Free delivery 027 252 8609

GENUINE BULGARIAN ARMY TRENCH COAT Excellent condition, size large. High quality black wool. Embrace your dark side \$150 ph 022 396 2923

BENCH HIGH FRIDGE good condition \$120 Ph Maureen 021 137 7171

RED NERINE BULBS, variegated flax plants for large garden or shelter belt. Clumps of Hosta plants, peony rose plants. Surplus to requirements - cheap. 131 Flora Rd, Lumsden.

Wanted

NEW WORLD COOKWARE STICKER PROMOTION If anybody has New World stickers that they are not wanting for themselves, the NSC Food Technology, Hospitality & Home Economics department would love them to acquire some new cookware for our students. Any donations of stickers can be left at the school office.

TO BUY - SECTION, up to 2 acres, of bare land, ideally with existing shed. Ph 027 300 4292

WANTED TO BUY- OUTDOOR JUNGLE GYM/MONKEY BARS FOR KIDS. Phone John 027 222 0269

NORTHERN SOUTHLAND COLLEGE

TO GIVE AWAY

School desks, various sizes. Must come and collect.
Art desks-can be adjusted and tilted.

For more information please contact the college office on
03 248 7121 or email office@nsc.school.nz

Weekly (During School Terms)

MONDAYS

GARSTON PLAYGROUP: Under 6's. BYO morning tea. Awesome fun activities—something different each session. Term 1 & 4 9.30am -12.30pm. Term 2 & 3 from 12 noon till 3pm. Look forward to seeing you there. The Old Post Office, Garston. Phone Antje 021 0616 232.

MOSSBURN PLAYGROUP: Term Time Mondays 9am - 12pm. A lovely small certified preschool providing a safe and fun indoor and outdoor environment for 0-5 years. Come and have a relaxed chat with other mums and let your little ones play and learn. Call Vivien Morris 022 451 7306 for more information or pop along to the Community Centre on Mondays.

BALFOUR SCOUTS GROUP, Cubs 7-11 years, Monday nights 6 pm - 7.30 pm, Scout Hall Balfour. For more details please contact Group Leader Trevor 021 708 514 or Noortje Hamers 027 937 4851.

MOSSBURN SQUASH CLUB social squash. All welcome, all levels. Come and have a hit and see what it is all about. Ph 021 027 19841 for further information

LUMSDEN LIBRARY BRICK CLUB Fortnightly during term time. Mondays 3 – 4pm. Calling all Lego fans, come along and take the weekly challenge. For more information ask at the Library.

LUMSDEN LIBRARY CHESS CLUB – fun for all ages. All welcome. Fortnightly (on alternating Mondays with Brick Club). Mondays 3pm to 4.30pm. For more details, please contact carosine@hotmail.com

TUESDAYS

BALFOUR PLAYCENTRE: Is open every Tuesday and Friday from 9am to 12pm. Located at the Balfour Primary School, come visit us for a coffee, catch up and see what our wonderful facility has to offer you and your child. Operates during school term dates. For further information please contact Kathryn Moir 027 314 0015

DIPTON PLAYGROUP Every Tuesday 9.30-12pm. Located behind Dipton Memorial Hall. Fully certificated. Each session offering a small focused theme/activity as well as offering great indoor and outdoor play and so much more. Great chance for mums and families to relax and allow little ones to have fun play whilst learning. Plus a separate Discovery Time/Wa Kitea excursion for 4.5 year olds to Dipton School. Phone Amy 027 294 0219

DIPTON TOY LIBRARY 9.15am - 11.15 am. Other times by arrangement. During school term. Wide range of toys for 0-6 year olds. Located in the Memorial Hall. Fees : \$45 annual; \$12 casual. Email diptontoylibrary@outlook.com

LUMSDEN LADIES' GOLF 9 and 18 holes. Tee off 10 am. Some sets of clubs available. Contact Lois Mitchell 027 487 4753. All welcome.

DIPTON GOLF CLUB - 10.00 am, 18 holes contact Paddy 248 5149

COMMUNITY GARDEN, meet every Tuesday 1pm at the garden in Helena Street. All welcome.

'SENIORS' CAFÉ' No joining fees just cost of a tea/coffee and scone - subsidized to \$5.00. First Tuesday of the month 10am Contact Cara Colquhoun 03 248 7885.

MOSSBURN SENIOR CITIZENS meet on First and Third Tuesdays each month, in the Senior Citizens Rooms, Devon St, Mossburn at 2pm. All welcome Ph 248 6474 or 248 6073

PATCHWORK & QUILTING CLASSES Patchwork and Quilting Class will be held most Tuesdays, from 1pm until 4pm, at the Five Rivers School. Everyone welcome. Weekly fee, tutor \$15, venue donation \$3. Please phone/txt Jenny Tayler 027 227 2515 for further information, to register, and to check dates

WEDNESDAYS

TAI CHI 10am-11am at the Senior Citizens' Rooms Lumsden. Open to all members of the community. Cost GOLD COIN donation. Great for flexibility and injury recovery.

GARSTON PLAYGROUP: As Mondays

BIBLE STUDY HOME DELIVERY Would you like to attend Bible Study, but family commitments, mobility or transport keep you from attending? Maybe we can help, phone or text Graham 027 414 2288 GEN-2-REV BIBLE STUDY

BIBLE QUESTIONS: GEN-2- REV Bible study is taking a break for a few months. Got Bible questions? You can still text them to 027 414 2288

LUMSDEN PLAYCENTRE PLAYGROUP open 9.30am – 12.30pm every Wednesday for ages 0 - 5 years, during the school term. We have a fantastic facility and welcome new families to come along and see for yourself! Your first two sessions are free so you have nothing to lose and everything to gain! Check out our Facebook page for more information, or contact Katelin White on 021 266 3761.

SING ONG TAI CHI Classes held on Wednesday at 10am at the Senior Citizens' Rooms in Lumsden. This branch of Sing Ong Tai Chi teaches the Yang style of Tai Chi Chaun as taught by Professor Yek Sing Ong and is now open to the public. The instructor is John Titter who has been training in Tai Chi since 2002. the Sing Ong Tai Chi is a very soft internal art that is beneficial for all ages and fitness levels, beginners are welcome. Benefits of Tai Chi: Improved relaxation, Flexibility & Posture, Energy Levels, Co-ordination, Concentration and Rehabilitation. For more information contact John Titter Ph 027 491 7299 or email j.k.titter@gmail.com

SOCIAL CRAFT EVENINGS: 1st and 3rd Wednesdays of each month, 7- 9pm in the rear of the Dipton Hall. All very welcome - BYO craft. No registration or commitment required - just come along! For further information: Sue Caddie 027 285 8378.

THURSDAYS

MOSSBURN CRAFT GROUP meets first and third Thursday of month. 10am until 3pm, lots of talent if one is thinking of taking up a new hobby, all welcome, Contact 248 6474 for further information

FIVE RIVERS' PLAY GROUP 9.30 -12.30 Wonderful local playgroup, great indoor and outdoor play, music, paints, wood work and plenty more. Small focused activities every week, great chance for mums and families to relax and let kids be kids. Located in the old Five Rivers' School building. Contact Mikaela on 027 773 2083 or just pop along for a look.

MID NORTHERN SOUTHLAND TOY LIBRARY will be open on the first Thursday of every month from 2:45-3:30. Come and visit us at 33 Pluto Rd, Lumsden and check out our huge range of indoor and outdoor toys, puzzles and games. New members welcome. Contact Kate 027 811 2919 or find us on Facebook.

@MENDWORTHY AND THE MAGPIE COTTAGE PRESENT: STITCH IT DON'T DITCH IT 10.30 am -12.30 pm. Every last Thursday of the month, at The Magpie Cottage, 22 McLeod Road North, Dipton. Come and have a cuppa and a chat - all welcome, just drop in. Bring your damaged clothes and textiles. Learn/share simple mending techniques -repair and re-wear. Anyone can do it, no prior needle skills necessary. Everything provided for free. See you there! Kim Spencer McDonald (027 2726844) & Kate Morgan (027 9161626).

FRIDAYS

BALFOUR PLAYCENTRE: As Tuesday.

SOCIAL BIKE RIDES - Every Friday at 5.30pm. All welcome and all abilities. Come along and see what it's about. Ph 027 974 3288 for further information or look up Northern Southland Social bike rides on Facebook for all the details.

SATURDAYS

LUMSDEN COMMUNITY NURSERY The fortnightly "Plant Lovers' Social Group" is happening. Come and join us from 10am-12pm every second Saturday for a fun and relaxed morning of planting, chitchat and morning tea. Sometimes we might even head off on a seed collecting expedition. All are welcome! Follow us on Facebook @reforestsouthland or text to go on our reminder list (027 693 1394) Dates are 10 & 24 June

SUNDAYS

CASTLEROCK MOSSBURN PONY CLUB weekly rallies starting 20th September Everyone welcome at any level, come along and have a go. Please contact , Annabel Saunders - President 021 176 2648 or Megan Vande Sandt 027 269 3211

ATHOL MARKET every fine Sunday, 10am till 2pm outside The Brown Trout Café. Stalls only \$5. Plenty of room for everyone. Please phone Jan on 03 248 5258 to book in or any enquiries

MID NORTHERN SOUTHLAND TOY LIBRARY will be open on the third Sunday of every month from 10 -11am. Contact Kate 027 811 2919 or find us on Facebook

SUNDAY MARKET IN LUMSDEN MEMORIAL HALL 10am-3pm

Public Notices

CARETAKER FOR LUMSDEN MEMORIAL HALL is Kath Miller ph 027 905 3108 or email kathcando@slingshot.co.nz

CANCER SOCIETY SUPPORT SERVICES available in your area for anyone affected by Cancer. Contact Jo Bremer 021 562 939

LUMSDEN MATERNITY AND WELL CHILD HUB - I am available for Women to get free and confidential Pregnancy tests, bloods tests ordered by their LMC during Pregnancy, Breastfeeding support, and Urgent Antenatal assessments as required by the LMC on a Monday and Thursday from 10am - 2pm. I can be contacted on 021 249 9964 or the hub phone on 03 248 7050, 58 Garden Street Lumsden, Maternity Entrance. Shelley Wesselson .

LUMSDEN LIBRARY BRICK CLUB Fortnightly Mondays during term time. 3 – 4pm. Calling all Lego fans, come along and take the weekly challenge. For more information ask at the Library.

MUSIC LESSONS: piano/keyboard, beginner guitar, singing, recorder. Judy Blair. 027 260 4415

FELTING CLASSES for beginners small projects, materials provided Small group classes \$30 per person. Txt 027 254 4012 Lana for booking if interested .

Public Notices Continued

NORTHERN SOUTHLAND COMMUNITY POOL in Lumsden is pleased to announce that our key prices for the coming season will stay the same as last year: \$140 Family, \$100 Individual, \$80 Senior Citizens. All new key holders will also need to pay a \$20 bond for their key tag. The pool will be open from Saturday 21st October. Please email secretary.nscpt@gmail.com for further details

MOSSBURN LIONS CLUB SCHOLARSHIP Open to all students that live in the Mossburn Lions District. A one off grant of \$1000 will be paid to the successful applicant, or \$500 each if there are two successful applicants. Those applying must be going on to tertiary study or commencing trade training in 2024. Applicants will be required to attend an interview. Applications are available from office@nsc.school.nz and applications close on Wednesday 25th October.

LANDSCAPING SERVICES. Garden design, Fencing, Paving, Retaining walls, Property maintenance, Irrigation, Drainage, Decking. Free quotes Call Adam Wade on 021 217 3159

BALFOUR YOUNG FARMERS CLUB ARE LOOKING FOR FUNDRAISING OPPORTUNITIES. If you have jobs needing done or have an event coming up, and need an awesome bunch of people to help out please get in contact. Club chair: Connor Miller 027 553 2337 Or find us on Facebook.

BONTON ROULET (LET THE GOOD TIMES ROLL) 5 Nov | Fairy Rock Houses, 3 Dec | Candle Making & Xmas dec's. 10-12pm. Waikiaia Hotel Dining Room. Register: Jane Clutha cluthajane@gmail.com ph 021 184 7735. All registrations close one week prior to workshops. Coming in 2024... Moving in music, Māori Heritage Harmonica skills, Hedge Row Wreaths and Coiled Baskets, Cheese making.

TAI CHI will resume at Senior Citizens rooms from Wednesday 18th October, 10 am. All welcome

Employment

PART- TIME POSITION AVAILABLE AT THE HUNNY SHOP IN GARSTON We are looking for a reliable Part-time person, varied duties include shop work, furniture prep. Cheerful disposition and flexible attitude. We are situated 60km from Queenstown. Please Email us your CV legendsdownunder@yahoo.com 021 023 54335 Bene or Paula 027 258 1420

Accommodation

ACCOMMODATION NEEDED URGENTLY for a Northern Southland College staff member and family. Ideally, 3 bedroom in or near Lumsden. Ph 03 248 7121

ROOM FOR RENT share house with one other and two dogs \$120 per week. 021 241 6620.

HOUSE FOR - RENT EXECUTIVE HOME on large section in Mossburn. Private section, heat pump plus multi fuel burner, gas cooking and hot water. 4 bedrooms plus office and plenty of storage. Close to Mossburn School. \$480 per week includes grounds being upkept. 027 248 7774

HOUSE AVAILABLE FOR RENT - Short-Medium Term, \$370Pw , Rural Setting, 2 Recent References , 027 280 8699 no text

Messages for the Lumsden Light

Email to lumsdenlight@hotmail.com
Deliver to Lumsden Pharmacy 248 7591
Phone messages to Doris 2487151 or email
dlbrown@xtra.co.nz

NO Phone Messages to the College or the Pharmacy please

Local Businesses

AA DRY DIGGER HIRE AND BALING: 12 ton digger, \$60 ph delivered. Full mowing, tedding, raking and baling. Wrapped single fusion bales. We also offer lawn mowing - farm cottages, roadside and tanker tracks. For details, please phone Greg 027 435 4746

ADDED ENERGY LTD: Our team of experienced staff can handle all your electrical, pumping, dairy shed and effluent needs. Domestic, rural, industrial, commercial, inspections, solar and energy efficiency, we can handle it all. 0800LUMSDEN (0800586733)

BALFOUR THEATRE COMPANY: Costume Hire. Ziggy Roy Ph 201 6058 or 027 444 8353

BLACKTOPP DRAINAGE LTD: Riversdale. Hayden Blacktopp-Owner/operator Ph: 021 755 852. Experienced/Professional Drainage and Excavation services 12 tonne digger with various attachments .Tip Truck,1.8 tonne digger

BOOKKEEPING SERVICES - Want someone to prepare, manage or maintain your accounts, pay your bills, send out invoices, GST returns etc? No job too big or small. With 13 years experience within accounting firms specialising in rural and business, I can also help you get your accounts ready for the accountant. Give me a call on 021 650 435 or email anniemail13@xtra.co.nz. Annette Moore

BRACKEN HALL: New spring and summer ladies fashions have arrived. Come in and check out the new styles and colours available.

BRETT MIDDLETON CONTRACTING LTD: For all your Fencing requirements and now available Diggers/Bulldozers for all your earthworks requirements with experienced operators. Phone for a quote 027 329 2698.

BROOM AND GORSE SPRAYING: specialist in steep terrain and all general spraying. For more information please ph/text Jason Hoyle 021 185 1909

BRYCE'S MOBILE SERVICES: Welding, fabrication, Mechanical maintenance and Caravan repairs. Ph 027 327 5947

COMPUTER SERVICE For anything not working properly. Ohai based and all Southland. Decades of experience since starting with IBM in January 1967. Call John (03) 225 4423 email: John.Hardcastle@orcon.net.nz <http://tinyurl.com/kg9ha58>

DAVID STEVENSON AUTO LTD: York Rd, Riversdale. We can offer Lumsden and surrounding districts the following - Full Mechanical repairs, Transmission Flush, Tyres and Batteries, Diagnostic scanning. Contact the team at David Stevenson Auto Ph 03 202 5345 or 027 437 3631.

DIPTON SERVICE CENTRE 2018 LTD: Mechanical repairs, batteries, WOF, tyres, computer diagnostics and European specialist. Contact Tim 03 248 5273 or 022 127 8391

EARTHMOVING AND DRAINAGE: CJ and AR Sheat Limited: 13 tonne digger, tip truck, transporter and drain cleaner . Farm drainage and general earthworks, site preparation, root raking, blocked drains and tiles, gravel supply and cartage. Phone Campbell 027 271 8283 or Ang 027 9182 155

EWL LIMITED, BALFOUR: Baling and Silage contractor servicing the Northern Southland District. Phone Brent 027 485 5994 or Matt Muir 027 220 4000

FARMLANDS MOSSBURN: October Deals - McMillin Cool Feed 25kg 2 For \$76.00, NRM Feed Wheat 20kg 2 For \$48.00, Fiber Fresh FiberMeadow 18kg 2For \$60.00, Tui Vegetable Mix 40L \$13.50, Tui Compost 40L \$9.99, Tui Potting Mix All Purpose 40L \$12.99, Tux Energy 25kg \$100.00, Tux Energy Extra Kibble 20kg \$100.00, Purina Friskies Adult Range 2.5kg \$19.90, Gallagher Energizer S20 Solar Portable 1.2HA Unit \$349.95, Summit No8 Wire 4mm 2 For \$199.95, Moccona Smooth Tin 1kg \$67.40

FIVE FINGER CRAFT & INFORMATION: Come and check out our range of Baby knits, Gifts and knitwear for the whole family and check out our half price items in store Find us on Facebook

FIVE RIVERS' CAFÉ/GALLERY: Come & enjoy our freshly baked treats in our sunshine filled garden. Fantastic coffee, cabinet food & a full menu available seven days a week from 8am to 3pm. New giftware & artwork in the gallery! For bookings or enquiries call our friendly staff 248 7755.

FORK AND SPADE LTD: Leaders in Riparian planting - initial on farm consults, plant supply, proven planting processes, after care programmes. One off and on going garden maintenance and care.

Ph.021 223 5421 forkandspade.co.nz email - planting@forkandspade.co.nz

GORSE AND BROOM A PROBLEM? FJ and AM Rae LTD are now operating a Twin Reel Unit in your area. For more information please phone Frank on 027 497 2887

HANK'S PLACE: Calf rearing season – Bianco submersible pumps for milk transfer, food grade suction/delivery hoses, camlocks, replacement MILKBAR & BIG SOFTY calf feeder teats, 15ltr & 20Ltr measure buckets, MILKBAR fence hung calf feeders. 148 Flora Road, LUMSDEN 03 2487522

JIMMY'S CARPET: Carpet Layer. Free measure & quote Lumsden & surrounding districts. Ph. Jimmy 027 445 9731.

JIM BRIGHT PAINTER AND DECORATOR Professional, Honest, Reliable Service. 30 years' experience. Phone 021 178 -0142

UNDERGROUND TAKEAWAYS

available to empty your septic tanks and any other sumps that need cleaned Ph Brian 027 208 1566

Local Businesses

KITCHENS & JOINERY: MASTERCRAFT KITCHENS by NIGEL MOLLOY JOINERY LTD are proud to be your local kitchen manufacturer. Call the team on 0800 464 435 or Nigel on 027 437 4830 or email office@mollojjoinery.nz. Do you need a new Kitchen? Are you looking for shelving, storage, a pantry, a laundry, wardrobes, doors, windows, stairs, bathroom or kitchen appliances? Then look no further as we do it all for you to suit your lifestyle and your budget! And our expert design team can turn your ideas into 3D plans and images, so you can see what your kitchen will look like. Call today and check out our website for inspirational ideas <https://www.nigelmollojjoinery.co.nz>

LUMSDEN PRESCRIPTION & GIFT CENTRE: You can now ask for repeat scripts by text to 027 230 1400 (No phone calls to this number please. Any other inquiries to 03 248 7102. 10am to 5pm, Monday to Friday. Script collection times 11.30am and 2.30pm

MASSAGE & SOFT TISSUE THERAPY. Appointments available in Balfour from a qualified & experienced therapist. Treatments available - myofascial release, injury prehab/rehab, sports performance & recovery, improved mobility and movement, relaxation & pregnancy massage, trigger point therapy & dry needling. For more info check out my FB page or sonjawatkinswellness.co.nz. Ask me about nutrition coaching and exercise prescription also. Advance bookings essential. Inquiries welcome. To invest in your wellness ph/text: 027 647 3663 or email: feelgood@sonjawatkinswellness.co.nz

MASON ADAMS CONTRACTING LTD: For all your crutching requirements – Ewes, Lambs and Rams over a triple or single trailers. Now also Tailing Contracting as well. Phone Mason on 027 491 3428

MACDONALD EXCAVATING: Drainage, general excavation work, roading, grading, rolling, mobile crusher and screening plant, gravel supplies and cartage. Bobcat for cleaning sheds and yards. 30-RB dragline with a reach of up to 30 meters. This is the perfect machine for pile driving, clearing sludge ponds, creeks or rivers. www.macdonaldexcavating.co.nz or phone Ali 027 434 4001 or Campbell 027 271 8283

NORTHERN SOUTHLAND BUILDERS for New Kitchen, Bathroom and Shower renovations. Replacement Windows and all Flat pack Joinery. Plus Landscaping, retainer walls, decks and fencing and planter boxes. Call Northern Southland Builders on 027 359 6468 for a free quote.

ST JOHN OP SHOP: If you have a few spare hours each week or even a day a month why not come and enquire about becoming a volunteer in store. It is now easier than ever to become a volunteer at the op shop. The criteria for volunteering has changed so please come in and have a chat with me (Perla). We have lots of different "jobs" in store. You could be a window dresser, a "sewer", a handy person to help us with repairs, or you may want to learn what retail is all about and get some experience. There is something for everyone. Did you know we are more than an op shop? You can come in and pay your Ambulance Subscription, buy first aid kits or come in and get more information about the Health Shuttle, Caring Callers and Medical Alarms.

NORTHERN SOUTHLAND HEALTH SHUTTLE SERVICE: If you need transport to any medical appointment the Health Shuttle can take you. Just call the 0800 number. The service operates Monday to Friday, excluding public holidays. For more information or to make a booking please call 0800 103 046. Bookings are required by 3pm the day prior to transport. This service is run by volunteers. We do not charge a fee for Health Shuttle transport, however, we do accept donations to help cover costs. The phone number has changed but the Drivers are still local drivers.

Q-TECH CONSTRUCTION LTD – For all your building, construction and maintenance needs. Please contact Blake O'Connor on 027 953 2452 or email admin@qtechconstruction.co.nz

RACHAEL COLLINS-CELEBRANT: bookings for weddings are already being made for 2024. A Validated member of the Celebrants Association of New Zealand (VCANZ). For inquiries call me on 027 235 5144 or email info@rachaelcollins.co.nz

REED PLUMBING & GAS. Certifying plumber and gasfitter for all your plumbing and gas requirements. Covering Lumsden and surrounding areas. Our services also include central heating, gas appliance maintenance/certification and diesel boiler servicing. Contact Darren or Callum on 021 076 2274, email office@copg.co.nz

ROCK HOMEKILL: Ray Orchard Contract Killing - Lumsden based operator - Servicing Northern Southland and Beyond since 2006. Check out our Facebook page - ROCK Homekill and use the ROCK homekill booking - Jotform. Ph: Ray (Oz) 027 248 6396

ROASTED x TOASTED: We are open 7 days a week for all your coffee needs. Instore & at home. Come on in and say Hi to our awesome crew anytime and enjoy our wonderful hospitality, good vibes and selection of great food and drinks. We now have smoothies and yummy iced drinks to choose from along with an ever changing array of local artisanal goodies in our retail store. Kel, Steve, Lyds, Lotts, Deb, Deb, Holly, Ruby & Jon look forward to welcoming you! MON - FRI 8am to 3pm and SAT - SUN 9am to 3pm.

SOMATIC REHABILITATION: somatic psychotherapy for true peace of mind. For more information visit www.somatic-rehabilitation.nz or phone Sheree Honeyfield-King 027 200 0355

SOUTHERN HIRE & CONTRACTING: Grass Measuring & Weed Wiping available. Ideal to keep an eye on inputs and track your feed efficiency. Weed wiping gets rid of ragwort, nodding thistles, cali's and many more nasties. Available in the Balfour, Lumsden, Mossburn, Riversdale, Dipton and surrounding areas. Good modern equipment, competitive price and prompt efficient service. Call Chris Wilson 027 474 7558 for more information

SOUTHERN HOOF CARE Professional hoof trim services and lame cow care in the south. Get in touch today ph 027 478 9632 or www.southernhoofcare.co.nz

SOUTHERN LAND & WATER PLANNING LTD: We specialize in preparing: resource consents, farm environmental management plans, policy advice, DOC concessions, landscape and riparian management plans and landscape assessments. Call Rebecca on 027 424 6129 or Sonya on 027 505 0077 or visit www.slwp.co.nz for more information.

SQUARE UP BUILDING: Rural - Residential - Landscapes, contact Jamie Maginn Licensed Building Practitioner & member of Registered Master Builders on 027 300 7780, jamie@squareupbuilding.co.nz follow us on Facebook to keep up to date with our latest projects

STALKER BUILDING LTD: Stalker Building Ltd has been servicing Lumsden, Mossburn, Athol, Balfour, Dipton and surrounds since 2005. For all building requirements from repairs and maintenance to renovations, additions, fire installation to new builds. House plans available. Proud to be a member of Registered Master Builders and David is a Licensed Building Practitioner. For a professional service from a local lad call David Stalker 027 463 8685

STOP BIRDS RATS AND LEAF DEBRIS from entering your gutters. A steel mesh design product, colour matched to your roof PLUS engineered for snow loading. For all enquires phone 027 359 6468 for a free quote

STORAGE SPACE.KIWI: Secure, cost effective, storage solutions in Lumsden. Shipping containers also for sale. Phone Campbell Sheat 027 271 8283 www.storagespace.kiwi

TORQUED NZ LTD: Mobile Diesel Mechanic based in Mossburn serving the surrounding areas. Call Orin Tapp on 0212244654 or email torquednz@gmail.com

ULTRASCAN NORTHERN SOUTHLAND: Pregnancy testing cows and calf dehorning. Ph 248-7338 Mob 027-690 0179 Lukas & Gabriela

UNDERGROUND TAKEAWAYS - available to empty your septic tanks and any other sumps that need cleaned Ph Brian 027 208 1566

NSCRCCT COMMUNITY CO-ORDINATOR'S OFFICE

'SUPPORTING THE NEEDS OF OUR COMMUNITY'

NSCRCCT COMMUNITY CO-ORDINATOR

Covering the Northern Southland areas
Mossburn, Lumsden, Balfour, Athol, Garston and Dipton

REMEMBER - Free confidential advice and support
for all members of our community.

Cara Colquhoun Phone 248 7885, Cell 027 810 8880
email nscco-ord@xtra.co.nz

- Seniors Café - 7th November - Melbourne Cup Day—celebrate by wearing a fascinator - hat - bow tie - fun competition! 10am at Route 6
- Community Garden meet every Tuesday 1pm at Helena Street - All welcome.
- Storage room open day - Wednesday 18th October -11am till 12.30 - Cara and Adele will be there.
- OUR NEW HOME IS AT THE BACK OF MATERNITY CENTRE
- PATAKA KAI - is now situated at the front of the Community Garden in Helena Street.
- Please note - for anyone that has a need in the community - our storage room has clothing and household items to help out.