



Lumsden Light

Produced in association with Northern Southland College
Your Community School
lumsdenlight@hotmail.com
18 August 2023

TO THE HOUSEHOLDER

POSTAGE PAID

The Week Ahead

WEDNESDAY 23 AUGUST

SOUTHLAND DISTRICT COUNCIL – The Northern Community Partnership fund closes on 31 August 2023. If you would like to discuss an application to this fund or any of our other funds, Kathryn Cowie will be at the SDC Lumsden office/library at 10am to 12.30 pm

ANGLICAN CHURCH SERVICES

All Saints Church, Meadow Street is open weekdays for private prayer and meditation.

PRESBYTERIAN CHURCH SERVICES

Sunday 20 August 10am Mossburn
10am Lumsden

CATHOLIC CHURCH SERVICES

Every Sunday, Mass 10.30am Balfour
First Sunday, Mass 7.00pm Lumsden
Other Sundays, Communion Services 6.30pm
Every Sunday, Mass 9.00am Mossburn

DIPTON COMMUNITY CHURCH

Sunday 6pm. James Street Dipton. Service every 2nd & 4th Sunday each month. All Welcome. Please note the new time of 6pm. Ph 03 236 9792 for details.

MOSSBURN CONNECTION POINT

Christian Fellowship at the Mossburn Senior Citizens rooms in Mossburn at 6pm on Sunday. Contact Liz 027 390 5634

Coming Up

25 AUGUST - HOUSIE AT LUMSDEN SENIOR CITIZENS' ROOMS at 2pm, anyone wanting a fun afternoon are most welcome, \$2 entry fee with afternoon tea to follow.

26 AUGUST - LUMSDEN BOWLING CLUB -tidy-up of club house and grounds from 10am followed by short meeting about 11.30 to set opening day and early seasons arrangement

31 AUGUST @MENDWORTHY AND THE MAGPIE COTTAGE PRESENT: STITCH IT DON'T DITCH IT 10.30 am -12.30 pm. Every last Thursday of the month, at The Magpie Cottage, 22 McLeod Road North, Dipton. Come and have a cuppa and a chat - all welcome, just drop in. Bring your damaged clothes and textiles. Learn/share simple mending techniques - repair and re-wear. Anyone can do it, no prior needle skills necessary. Everything provided for free. See you there! Kim Spencer McDonald (027 2726844) & Kate Morgan (027 9161626).

15 SEPTEMBER - QUIZ NIGHT - NSC PTA FUNDRAISER 7pm start, NSC Gym. Teams of 4 \$20. Pete, your quizmaster will bend your brain with 10 rounds of quiz questions with topics ranging from Agriculture to Zoology & everything in between. PLUS get ready to run, there's an extra challenge to stretch your legs. Bring a pocketful of cash, there'll be raffles, cold drinks and snacks to buy. All funds raised go towards a major renovation of the NSC playground & outdoor spaces. Register your team today - ph/txt Andrea 027 359 6714 (last minutes entries will be available on the night)

16 SEPTEMBER - SPRING ECO FEST Theme-Climate Shift - Vote Climate. Featuring F&B's National spokesperson on Climate Shift Campaign. 10am-2.30pm. Invercargill Working Men's club, 154 Esk St. Entry adults \$2, Students Gold coin, Under 5 free. Stalls & Workshops welcome on an environmental theme, \$20 per stall-table provided. For stall booking or workshop times contact Jenny Campbell 03 248 6398 or 027 351 0180 or email jennycam@xtra.co.nz

22 - 23 SEPTEMBER WINTON GARDEN CLUB 40TH SPRING FLOWER SHOW & ART AND CRAFT DISPLAY. Memorial Hall, Meldrum St, Winton. Entries Thursday 21 September 11am-6pm. Show opens Friday 22 September 1-6pm & 23rd September 9am- 3.30pm. Adults \$5 children free, Morning and afternoon teas \$3, plant stall, raffles and much more. Enquiries ph Daphne Batt 03 236 7852, Janice Coles 021 053 3588, Marilyn McKenzie 03 236 8990.

Employment

STAFF REQUIRED - CLEANING VACANCIES AVAILABLE IN THE LUMSDEN AREA 3 hours per day, 3:30pm – 6:30pm (Fixed Term contract). Full training given. Immediate start. Please contact Tina on 027 807 4202 or email tina.kupa@ocs.co.nz
FIVE RIVERS CAFE IS SEEKING A CAFE ASSISTANT. Immediate Start Possible. Experience preferred but if you have a willingness to learn and a desire to cook please apply. To find out more about how to come join our team please Email info@fiverivers.co.nz or Ph 021 053 6468.

THE WHISTLE INN HOTEL- LUMSDEN is looking for a cook. You don't need to be a chef, you just need to be passionate about cooking and presenting good food. If this sounds like you call us on 027 405 5154 or come in and talk to us

CALF-REARER WANTED. Five Rivers. We are looking for a calf-rearer to train and feed calves on our 500-cow dairy farm from the beginning of August to mid-October. 20 – 30 hours per week, morning and afternoons with a break in the middle of the day. 6 days on, 1 day off. Experience preferred but not essential. Please ring Angela on 027 274 8725 for further details.

Accommodation

ROOM FOR RENT share house with one other and two dogs \$120 per week. 021 241 6620.

ROOMS TO RENT SHARE ACCOMMODATION Farm house with another furnished or unfurnished close to Lumsden/Balfour \$140 neg Ph/text Steve 027 388 2087

LARGE 4 BEDROOM RURAL HOUSE FOR RENT 20 mins to Lumsden, large garage and lots of storage, wood burner. Clean, tidy tenants only, 2 referees required ph 021 444 802



Have your say

From 2024 all schools are required to publish strategic plans that meet renewed Ministry of Education priorities and reflects the local community. Please Scan the QR code or www.surveymonkey.com/r/8J5GYR9
Alternatively there are paper copies of the survey with return envelopes at the school office and locally.

Northern Southland College
Strategic Plan Community Consultation



SCAN ME

Weekly (During School Terms)

MONDAYS

GARSTON PLAYGROUP: Under 6's. BYO morning tea. Awesome fun activities—something different each session. Term 1 & 4 9.30am -12.30pm. Term 2 & 3 from 12 noon till 3pm. Look forward to seeing you there. The Old Post Office, Garston. Phone Antje 021 0616 232.

MOSSBURN PLAYGROUP: Term Time Mondays 9am - 12pm. A lovely small certified preschool providing a safe and fun indoor and outdoor environment for 0-5 years. Come and have a relaxed chat with other mums and let your little ones play and learn. Call Vivien Morris 022 451 7306 for more information or pop along to the Community Centre on Mondays.

BALFOUR SCOUTS GROUP, Cubs 7-11 years, Monday nights 6 pm - 7.30 pm, Scout Hall Balfour. For more details please contact Group Leader Trevor 021 708 514 or Noortje Hamers 027 937 4851.

MOSSBURN SQUASH CLUB social squash. All welcome, all levels. Come and have a hit and see what it is all about. Ph 021 027 19841 for further information

MOSSBURN BADMINTON CLUB - Mossburn Community Centre. 7.30pm. Starts May 8 runs until August. With a break for the school holidays. All levels \$2 court fee, bring a friend all welcome. Racquets supplied.

LUMSDEN LIBRARY BRICK CLUB Fortnightly during term time. Mondays 3 – 4pm. Calling all Lego fans, come along and take the weekly challenge. For more information ask at the Library.

TUESDAYS

BALFOUR PLAYCENTRE: Is open every Tuesday and Friday from 9am to 12pm. Located at the Balfour Primary School, come visit us for a coffee, catch up and see what our wonderful facility has to offer you and your child. Operates during school term dates. For further information please contact Kathryn Moir 027 314 0015

DIPTON PLAYGROUP Every Tuesday 9.30-12pm. Located behind Dipton Memorial Hall. Fully certificated. Each session offering a small focused theme/activity as well as offering great indoor and outdoor play and so much more. Great chance for mums and families to relax and allow little ones to have fun play whilst learning. Plus a separate Discovery Time/Wa Kitea excursion for 4.5 year olds to Dipton School. Phone Amy 027 294 0219

DIPTON TOY LIBRARY 9.15am - 11.15 am. Other times by arrangement. During school term. Wide range of toys for 0-6 year olds. Located in the Memorial Hall. Fees : \$45 annual; \$12 casual. Email diptonlibrary@outlook.com

LUMSDEN LADIES' GOLF 9 and 18 holes. Tee off 10 am. Some sets of clubs available. Contact Lois Mitchell 027 487 4753. All welcome.

DIPTON GOLF CLUB - 10.00 am, 18 holes contact Paddy 248 5149

COMMUNITY GARDEN, meet every Tuesday 1pm at the garden in Helena Street. All welcome.

'SENIORS' CAFÉ' No joining fees just cost of a tea/coffee and scone - subsidized to \$5.00. First Tuesday of the month 10am Contact Cara Colquhoun 03 248 7885.

MOSSBURN SENIOR CITIZENS meet on First and Third Tuesdays each month, in the Senior Citizens Rooms, Devon St, Mossburn at 2pm. All welcome Ph 248 6474 or 248 6073

PATCHWORK & QUILTING CLASSES Patchwork and Quilting Class will be held most Tuesdays, from 1pm until 4pm, at the Five Rivers School. Everyone welcome. Weekly fee, tutor \$15, venue donation \$3. Please phone/txt Jenny Tayler 027 227 2515 for further information, to register, and to check dates

WEDNESDAYS

TAI CHI 10am-11am at the Senior Citizens' Rooms Lumsden. Open to all members of the community. Cost GOLD COIN donation. Great for flexibility and injury recovery.

GARSTON PLAYGROUP: As Mondays

BIBLE STUDY HOME DELIVERY Would you like to attend Bible Study, but family commitments, mobility or transport keep you from attending? Maybe we can help, phone or text Graham 027 414 2288 GEN-2-REV BIBLE STUDY

BIBLE QUESTIONS: GEN-2- REV Bible study is taking a break for a few months. Got Bible questions? You can still text them to 027 414 2288

LUMSDEN PLAYCENTRE PLAYGROUP open 9.30am – 12.30pm every Wednesday for ages 0 - 5 years, during the school term. We have a fantastic facility and welcome new families to come along and see for yourself! Your first two sessions are free so you have nothing to lose and everything to gain! Check out our Facebook page for more information, or contact Katelin White on 021 266 3761.

SING ONG TAI CHI Classes held on Wednesday at 10am at the Senior Citizens' Rooms in Lumsden. This branch of Sing Ong Tai Chi teaches the Yang style of Tai Chi Chaun as taught by Professor Yek Sing Ong and is now open to the public. The instructor is John Titter who has been training in Tai Chi since 2002. the Sing Ong Tai Chi is a very soft internal art that is beneficial for all ages and fitness levels, beginners are welcome. Benefits of Tai Chi: Improved relaxation, Flexibility & Posture, Energy Levels, Co-ordination, Concentration and Rehabilitation. For more information contact John Titter Ph 027 491 7299 or email j.k.titter@gmail.com

SOCIAL CRAFT EVENINGS: 1st and 3rd Wednesdays of each month, 7- 9pm in the rear of the Dipton Hall. All very welcome - BYO craft. No registration or commitment required - just come along! For further information: Sue Caddie 027 285 8378.

THURSDAYS

MOSSBURN CRAFT GROUP meets first and third Thursday of month. 10am until 3pm, lots of talent if one is thinking of taking up a new hobby, all welcome, Contact 248 6474 for further information

FIVE RIVERS' PLAY GROUP 9.30 -12.30 Wonderful local playgroup, great indoor and outdoor play, music, paints, wood work and plenty more. Small focused activities every week, great chance for mums and families to relax and let kids be kids. Located in the old Five Rivers' School building. Contact Mikaela on 027 773 2083 or just pop along for a look.

MID NORTHERN SOUTHLAND TOY LIBRARY will be open on the first Thursday of every month from 2:45-3:30. Come and visit us at 33 Pluto Rd, Lumsden and check out our huge range of indoor and outdoor toys, puzzles and games. New members welcome. Contact Kate 027 811 2919 or find us on Facebook.

@MENDWORTHY AND THE MAGPIE COTTAGE PRESENT: STITCH IT DON'T DITCH IT 10.30 am -12.30 pm. Every last Thursday of the month, at The Magpie Cottage, 22 McLeod Road North, Dipton. Come and have a cuppa and a chat - all welcome, just drop in. Bring your damaged clothes and textiles. Learn/share simple mending techniques -repair and re-wear. Anyone can do it, no prior needle skills necessary. Everything provided for free. See you there! Kim Spencer McDonald (027 2726844) & Kate Morgan (027 9161626).

FRIDAYS

BALFOUR PLAYCENTRE: As Tuesday.

SOCIAL BIKE RIDES - Every Friday at 5.30pm. All welcome and all abilities. Come along and see what it's about. Ph 027 974 3288 for further information or look up Northern Southland Social bike rides on Facebook for all the details.

SATURDAYS

LUMSDEN COMMUNITY NURSERY The fortnightly "Plant Lovers' Social Group" is happening. Come and join us from 10am-12pm every second Saturday for a fun and relaxed morning of planting, chitchat and morning tea. Sometimes we might even head off on a seed collecting expedition. All are welcome! Follow us on Facebook @reforestsouthland or text to go on our reminder list (027 693 1394) Dates are 10 & 24 June

SUNDAYS

CASTLEROCK MOSSBURN PONY CLUB weekly rallies starting 20th September Everyone welcome at any level, come along and have a go. Please contact , Annabel Saunders - President 021 176 2648 or Megan Vande Sandt 027 269 3211

ATHOL MARKET every fine Sunday, 10am till 2pm outside The Brown Trout Café. Stalls only \$5. Plenty of room for everyone. Please phone Jan on 03 248 5258 to book in or any enquiries

MID NORTHERN SOUTHLAND TOY LIBRARY will be open on the third Sunday of every month from 10 -11am. Contact Kate 027 811 2919 or find us on Facebook

SUNDAY MARKET IN LUMSDEN MEMORIAL HALL 10am-3pm. First two Markets free for sellers . Book your space now Lana 027 254 4012

Public Notices

CARETAKER FOR LUMSDEN MEMORIAL HALL is Kath Miller ph 027 905 3108 or email kathcando@slingshot.co.nz

CANCER SOCIETY SUPPORT SERVICES available in your area for anyone affected by Cancer. Contact Jo Bremer 021 562 939

LUMSDEN MATERNITY AND WELL CHILD HUB - I am available for Women to get free and confidential Pregnancy tests, bloods tests ordered by their LMC during Pregnancy, Breastfeeding support, and Urgent Antenatal assessments as required by the LMC on a Monday and Thursday from 10am - 2pm. I can be contacted on 021 249 9964 or the hub phone on 03 248 7050, 58 Garden Street Lumsden, Maternity Entrance. Shelley Wesselson .

LUMSDEN LIBRARY BRICK CLUB Fortnightly Mondays during term time. 3 – 4pm. Calling all Lego fans, come along and take the weekly challenge. For more information ask at the Library.

MUSIC LESSONS: piano/keyboard, beginner guitar, singing, recorder. Judy Blair. 027 260 4415

WINTER NURSERY HOURS Brrr it's cold, so we are only open by appointment over winter. Feel free to message @reforestsouthland on Facebook or call for plant sales and enquiries to Josie 021 130 6528

LUMSDEN VOLUNTEER FIRE BRIGADE are looking for cars to complete their motor vehicle rescue training. If you have anything that can help call Mike 027 228 1652

Public Notices Continued

FELTING CLASSES for beginners small projects, materials provided Small group classes \$30 per person. Txt 027 254 4012 Lana for booking if interested .

ST JOHN - VOLUNTEERS NEEDED Are you looking for a fulfilling way to give back to your community? Do you have a passion for helping others and making a positive impact on people's lives? St. John Ambulance is seeking compassionate and dedicated volunteers to join our ranks and become everyday heroes. Full training and support is provided. You will need a full driver's license and a current first-aid certificate. if you are interested and want to get the process underway complete an application at <https://join.stjohn.org.nz/faq#how-to-apply> Or for more information about what volunteering in our local area is about call Helen on 021 170 5034

COMMUNITY CONSULTATION - The Lumsden School Board is currently consulting with stakeholders on a new strategic plan that will govern the school 2024 -2027. Consultation topics are aligned with the national education and learning priorities. We are enquiring about what's important to our community for all of our learners, and their whānau. Consultation is open until Friday 22 September 2023. If you would like to be included in this consultation process, please make contact with one of the school board reps, who can advise you of your opportunities to be involved. Dinesh Naidu - naidudinesh13@gmail.com; or Danella Smallridge - dsmallridge@lumsden.school.nz; or Trish Gill - botchair@lumsden.school.nz.

MOSSBURN DISTRICT CHARITABLE TRUST The Mossburn District Charitable Trust was formed to provide financial support, with emphasis on improving education, development and the general well-being of local citizens. Applicants must have resided in the Mossburn District for a period of at least five years, and/or attended the Mossburn School. To apply for a grant you must use the official application form. Applications are now open for the second round and must be received in writing by 5pm 31 August 2023. Please contact the Trust Secretary, Sonya Taylor on 021 884 972 or bruceandsonya@xtra.co.nz to obtain a grant application form

Wanted

NSC CLAY TARGET CLUB Is looking for old car/truck/tractor etc batteries to raise funds. Please phone Dale Kington at NSC 03 248 7121

TO BUY-SECTION WITH SHED / BARN for storage. Condition not important. Derelict house also suitable, South Island, ph 021 077 7011.

For Sale

ST JOHN OP shop Well, the cold weather is still here but soon it will be Spring, as the birds remind me with their song every morning. We still have winter clothing available and coats as well. We all know that a spare coat is handy all months of the year here in the South. Spring clothing will be in store soon. Keep warm and hope to see you soon.

DRY WILLOW \$65 a mtr small charge for out of Lumsden delivery. Ph 027 248 7757

FIVE FINGER CRAFT & INFORMATION: Come and check out our range of Baby knits, Gifts and knitwear for the whole family and check out our half price items in store Find us on Facebook

HUNTAWAY PUPS, 11 Weeks Old, Parents hardworking dogs on cattle and sheep. Ph 021 022 51330

2 X SINKS both aluminium one with cupboard attached and one with bench attached. \$20 each. Fore more information ph NSC Office 03 248 7121

HUNTAWAY PUPS - well bred, nice pups, inoculated, ready now \$250 ph 03 201 6092

CAN AM 4 X4 2018 570 Approx 24 000, regular serving, good condition \$5500 ph 03 201 6092

HAY - Round Bales of shed stored hay available, Balfour district Phone 027 224 5275

CLASSIC 1966 RANCHERRO UTE , it's a full rebuild collectors item left hand. Ph 022 354 2113 or text

WHITEBAIT NET. Full size net made of the best materials and very strong. Perfect net for a Stand. . \$400. PH 021 026 66646

Local Businesses

AA DRY DIGGER HIRE AND BALING: 12 ton digger, \$60 ph delivered. Full mowing, tedding, raking and baling. Wrapped single fusion bales. We also offer lawn mowing - farm cottages, roadside and tanker tracks. For details, please phone Greg 027 435 4746

ADDED ENERGY LTD: Our team of experienced staff can handle all your electrical, pumping, dairy shed and effluent needs. Domestic, rural, industrial, commercial, inspections, solar and energy efficiency, we can handle it all. 0800LUMSDEN (0800586733)

Local Businesses

BALFOUR THEATRE COMPANY: Costume Hire. Ziggy Roy Ph 201 6058 or 027 444 8353

BLACKTOPP DRAINAGE LTD: Riversdale. Hayden Blacktopp-Owner/ operator Ph: 021 755 852. Experienced/Professional Drainage and Excavation services 12 tonne digger with various attachments .Tip Truck,1.8 tonne digger

BRACKEN HALL: Winter is here! Winter hours 9 to 5. Good selection of merino possum gloves, socks, hats and scarves as well as warm Ugg boots. Come in for a hot drink and tasty treat while shopping.

BRETT MIDDLETON CONTRACTING LTD: For all your Fencing requirements and now available Diggers/Bulldozers for all your earthworks requirements with experienced operators. Phone for a quote 027 329 2698.

BROOM AND GORSE SPRAYING: specialist in steep terrain and all general spraying. For more information please ph/text Jason Hoyle 021 185 1909

COMPUTER SERVICE For anything not working properly. Ohai based and all Southland. Decades of experience since starting with IBM in January 1967. Call John (03) 225 4423 <http://tinyurl.com/kq9ha58>

DAVID STEVENSON AUTO LTD: York Rd, Riversdale. We can offer Lumsden and surrounding districts the following - Full Mechanical repairs, Transmission Flush, Tyres and Batteries, Diagnostic scanning. Contact the team at David Stevenson Auto Ph 03 202 5345 or 027 437 3631.

DIPTON SERVICE CENTRE 2018 LTD: Mechanical repairs, batteries, WOF, tyres, computer diagnostics and European specialist. Contact Tim 03 248 5273 or 022 127 8391

EARTHMOVING AND DRAINAGE: CJ and AR Sheat Limited: 13 tonne digger, tip truck, transporter and drain cleaner . Farm drainage and general earthworks, site preparation, root raking, blocked drains and tiles, gravel supply and cartage. Phone Campbell 027 271 8283 or Ang 027 9182 155

EWL LIMITED, BALFOUR: Baling and Silage contractor servicing the Northern Southland District. Phone Brent 027 485 5994 or Matt Muir 027 220 4000

FARMLANDS MOSSBURN: The team at Mossburn would like to say a big Thank You to all of you that attended Lambing day on Friday it was a great day! A special Thanks to our Special Guests Allan from Shearwell, The Mossburn Fire Brigade, Ben from Gallagher and all our sponsors. August Deals - New Season Potato's 3kg \$14.75, Yams 500g \$9.25, Shoof Excal Teat Lamb \$2.50, Heiniger Elastrator Ring Dispenser \$159.99, Sprayfo Primo Lamb Milk Replacer 20kg \$133.20, Lamb Start Mix 20kg \$30.99, Lamb Performance Nuts 20kg \$31.31, NRM Peck and Lay Pellet 20kg 2 For \$59.00.

FIVE FINGER CRAFT & INFORMATION: Come and check out our range of Baby knits, Gifts and knitwear for the whole family and check out our half price items in store Find us on Facebook

FIVE RIVERS' CAFÉ/GALLERY: Come & enjoy our freshly baked treats in our sunshine filled garden. Fantastic coffee, cabinet food & a full menu available seven days a week from 8am to 3pm. New giftware & artwork in the gallery! For bookings or enquiries call our friendly staff 248 7755.

FORK AND SPADE LTD: Leaders in Riparian planting - initial on farm consults, plant supply, proven planting processes, after care programmes. One off and on going garden maintenance and care.

Ph.021 223 5421 forkandspade.co.nz email - planting@forkandspade.co.nz

GORSE AND BROOM A PROBLEM? FJ and AM Rae LTD are now operating a Twin Reel Unit in your area. For more information please phone Frank on 027 497 2887

HANK'S PLACE: Calf rearing season – Bianco submersible pumps for milk transfer, food grade suction/delivery hoses, camlocks, replacement MILKBAR & BIG SOFTY calf feeder teats, 15ltr & 20ltr measure buckets, MILKBAR fence hung calf feeders. 148 Flora Road, LUMSDEN 03 2487522

JIMMY'S CARPET: Carpet Layer. Free measure & quote Lumsden & surrounding districts. Ph. Jimmy 027 445 9731.

KITCHENS & JOINERY: MASTERCRAFT KITCHENS by NIGEL MOLLOY JOINERY LTD are proud to be your local kitchen manufacturer. Call the team on 0800 464 435 or Nigel on 027 437 4830 or email office@molloyjoinery.nz. Do you need a new Kitchen? Are you looking for shelving, storage, a pantry, a laundry, wardrobes, doors, windows, stairs, bathroom or kitchen appliances? Then look no further as we do it all for you to suit your lifestyle and your budget! And our expert design team can turn your ideas into 3D plans and images, so you can see what your kitchen will look like. Call today and check out our website for inspirational ideas <https://www.nigelmolloyjoinery.co.nz>

LUMSDEN PRESCRIPTION & GIFT CENTRE: You can now ask for repeat scripts by text to 027 230 1400 (No phone calls to this number please. Any other inquiries to 03 248 7102. 10am to 5pm, Monday to Friday. Script collection times 11.30am and 2.30pm

**COMPUTER SERVICE
FOR ANYTHING NOT WORKING PROPERLY**

**Ohai based and all Southland
Decades of experience since starting with IBM in January 1967
Call John (03) 225 4423
<http://tinyurl.com/kq9ha58>**

Local Businesses

MASSAGE & SOFT TISSUE THERAPY. Appointments available in Balfour from a qualified & experienced therapist. Treatments available - myofascial release, injury prehab/rehab, sports performance & recovery, improved mobility and movement, relaxation & pregnancy massage, trigger point therapy & dry needling. For more info check out my FB page or sonjawatkinswellness.co.nz. Ask me about nutrition coaching and exercise prescription also. Advance bookings essential. Inquiries welcome. To invest in your wellness ph/text: 027 647 3663 or email: feelgood@sonjawatkinswellness.co.nz

MASON ADAMS CONTRACTING LTD: For all your crutching requirements – Ewes, Lambs and Rams over a triple or single trailers. Now also Tailing Contracting as well. Phone Mason on 027 491 3428

MACDONALD EXCAVATING: Drainage, general excavation work, roading, grading, rolling, mobile crusher and screening plant, gravel supplies and cartage. Bobcat for cleaning sheds and yards. 30-RB dragline with a reach of up to 30 meters. This is the perfect machine for pile driving, clearing sludge ponds, creeks or rivers. www.macdonaldexcavating.co.nz or phone Ali 027 434 4001 or Campbell 027 271 8283

ST JOHN OP SHOP: If you have a few spare hours each week or even a day a month why not come and enquire about becoming a volunteer in store. It is now easier than ever to become a volunteer at the op shop. The criteria for volunteering has changed so please come in and have a chat with me (Perla). We have lots of different "jobs" in store. You could be a window dresser, a "sewer", a handy person to help us with repairs, or you may want to learn what retail is all about and get some experience. There is something for everyone. Did you know we are more than an op shop? You can come in and pay your Ambulance Subscription, buy first aid kits or come in and get more information about the Health Shuttle, Caring Callers and Medical Alarms.

NORTHERN SOUTHLAND HEALTH SHUTTLE SERVICE: If you need transport to any medical appointment the Health Shuttle can take you. Just call the 0800 number. The service operates Monday to Friday, excluding public holidays. For more information or to make a booking please call 0800 103 046. Bookings are required by 3pm the day prior to transport. This service is run by volunteers. We do not charge a fee for Health Shuttle transport, however, we do accept donations to help cover costs. The phone number has changed but the Drivers are still local drivers.

Q-TECH CONSTRUCTION LTD – For all your building, construction and maintenance needs. Please contact Blake O'Connor on 027 953 2452 or email admin@qtechconstruction.co.nz

RACHAEL COLLINS-CELEBRANT: bookings for weddings are already being made for 2024. A Validated member of the Celebrants Association of New Zealand (VCANZ). For inquiries call me on 027 235 5144 or email info@rachaelcollins.co.nz

REED PLUMBING & GAS. Certifying plumber and gasfitter for all your plumbing and gas requirements. Covering Lumsden and surrounding areas. Our services also include central heating, gas appliance maintenance/certification and diesel boiler servicing. Contact Darren or Callum on 021 076 2274, email office@copg.co.nz

ROCK HOMEKILL: Ray Orchard Contract Killing - Lumsden based operator - Servicing Northern Southland and Beyond since 2006. Check out our Facebook page - ROCK Homekill and use the ROCK homekill booking - Jotform. Ph: Ray (Oz) 027 248 6396

ROASTED x TOASTED: We are open 7 days a week for all your coffee needs. Instore & at home. Come on in and say Hi to our awesome crew anytime and enjoy our wonderful hospitality, good vibes and selection of great food and drinks. We now have smoothies and yummy iced drinks to choose from along with an ever changing array of local artisanal goodies in our retail store. Kel, Steve, Lyds, Lotts, Deb, Holly, Ruby & Jon look forward to welcoming you! MON - FRI 8am to 3pm and SAT - SUN 9am to 3pm.

SOMATIC REHABILITATION: somatic psychotherapy for true peace of mind. For more information visit www.somatic-rehabilitation.nz or phone Sheree Honeyfield-King 027 200 0355

SOUTHERN HIRE & CONTRACTING: Grass Measuring & Weed Wiping available. Ideal to keep an eye on inputs and track your feed efficiency. Weed wiping gets rid of ragwort, nodding thistles, cali's and many more nasties. Available in the Balfour, Lumsden, Mossburn, Riversdale, Dipton and surrounding areas. Good modern equipment, competitive price and prompt efficient service. Call Chris Wilson 027 474 7558 for more information

SOUTHERN HOOF CARE Professional hoof trim services and lame cow care in the south. Get in touch today ph 027 478 9632 or www.southernhoofcare.co.nz

SOUTHERN LAND & WATER PLANNING LTD: We specialize in preparing: resource consents, farm environmental management plans, policy advice, DOC concessions, landscape and riparian management plans and landscape assessments. Call Rebecca on 027 424 6129 or Sonya on 027 505 0077 or visit www.slwp.co.nz for more information.

SQUARE UP BUILDING: Rural - Residential - Landscapes, contact Jamie Maginn Licensed Building Practitioner & member of Registered Master Builders on 027 300 7780, jamie@squareupbuilding.co.nz follow us on Facebook to keep up to date with our latest projects

STALKER BUILDING LTD: Stalker Building Ltd has been servicing Lumsden, Mossburn, Athol, Balfour, Dipton and surrounds since 2005. For all building requirements from repairs and maintenance to renovations, additions, fire installation to new builds. House plans available. Proud to be a member of Registered Master Builders and David is a Licensed Building Practitioner. For a professional service from a local lad call David Stalker 027 463 8685

STOP BIRDS RATS AND LEAF DEBRIS from entering your gutters. A steel mesh design product, colour matched to your roof PLUS engineered for snow loading. For all enquires phone 027 359 6468 for a free quote

STORAGESPACE.KIWI: Secure, cost effective, storage solutions in Lumsden. Shipping containers also for sale. Phone Campbell Sheat 027 271 8283 www.storagespace.kiwi

TORQUED NZ LTD: Mobile Diesel Mechanic based in Mossburn serving the surrounding areas. Call Orin Tapp on 0212244654 or email torquednz@gmail.com

ULTRASCAN NORTHERN SOUTHLAND: Pregnancy testing cows and calf dehorning. Ph 248-7338 Mob 027-690 0179 Lukas & Gabriela

UNDERGROUND TAKEAWAYS - available to empty your septic tanks and any other sumps that need cleaned Ph Brian 027 208 1566

NSCRCCT COMMUNITY CO-ORDINATOR'S OFFICE

'SUPPORTING THE NEEDS OF OUR COMMUNITY'

NSCRCCT COMMUNITY CO-ORDINATOR

Covering the Northern Southland areas
Mossburn, Lumsden, Balfour, Athol, Garston and Dipton

REMEMBER - Free confidential advice and support
for all members of our community.

Cara Colquhoun Phone 248 7885, Cell 027 810 8880
email nscco-ord@xtra.co.nz

- Seniors Café - 5th September 10am at Route 6
- Community Garden meet every Tuesday 1pm at Helena Street - All welcome.
- OUR NEW HOME IS AT THE BACK OF MATERNITY CENTRE
- PATAKA KAI - is now situated at the front of the Community Garden in Helena Street.
- Please note - for anyone that has a need in the community - our storage room has clothing and household items to help out.