Lumsden Light

Produced in association with Northern Southland College
Your Community School
lumsdenlight@hotmail.com

4 September 2026 TO THE HOUSEHOLDER POSTAGE PAID

The Week Ahead

FRIDAY 4 SEPTEMBER

ARE YOU OPEN TO LEARNING MORE ABOUT DOTERRA ESSENTIAL OILS and having a natural first aid kit to reach for in the first instance? Come along to the Mossburn Community Centre at 7.45pm and hear how this could be an option for your household. Contact Ranel Adams to register on 027 316 4593

NSCRCCT COMMUNITY CO-ORDINATOR'S OFFICE

'SUPPORTING THE NEEDS OF OUR COMMUNITY'

Covering the Northern Southland areas
Mossburn, Lumsden, Balfour, Athol, Garston and Dipton

REMEMBER - Free confidential advice and support for all members of our community. Contact Cara Colquhoun Phone 248 7885 Cell 027 810 8880 email: nscco-ord@xtra.co.nz

- **SENIORS CAFÉ** which was scheduled for Monday 7th of September has been CANCELLED in respect.
- **SOUP & CHAT** Wednesday 23rd September 12.30 at Lumsden Memorial Hall
- **COMMUNITY GARDEN** meet every Tuesday 1pm at Helena Street (weather permitting) All welcome
- **PATAKA KAI** is situated at the front of the Community Garden in Helena Street

Donate today because together we do better
Get in touch to make a tax deductible donation. Email: donations@nscrcct.com
Our bank account details are:
Northern Southland Community Resource Centre Charitable Trust: 02 0957 002497 097

PRESBYTERIAN CHURCH SERVICES

Sunday 6 September 10am Mossburn
10am Lumsden

CATHOLIC CHURCH SERVICES

Catholic Church Balfour:
Masses on 1st, 2nd, 3rd and 5th Sunday of the month at 11am

Catholic Church Mossburn:
Mass 4th Sunday of the month at 11.15am

Catholic Church Lumsden
Mass 1st Sunday of the month at 7pm

Christian Fellowship this Sunday at 10.30 am at the Mossburn Senior Citizen rooms on 54 Devon St
All welcome

Lumsden Light Advertising

Business advertisement - $250 per year *(approx 40 weeks)*
Casual Business Advertisement - $20 per week
Weekly Sponsor slot - $50

For Business advertising enquiries contact gabalachova@gmail.com

Coming Up

24-25 SEPTEMBER - WINTON GARDEN CLUB SPRING FLOWER SHOW AND ART & CRAFT DISPLAY Memorial Hall, Meldrum St, Winton. Entries Wednesday 23 September 11am-5.30pm. Thursday 24 September 1-5.30pm, Friday 25 September 9am-3.30pm. Adults $5, children free. Morning & Afternoon teas $5. Plant stalls, raffles and much more. Enquiries Daphne Batt 021 260 1674, Marilyn McKenzie 027 316 6615

11 SEPTEMBER - STITCH IT DON'T DITCH IT second Friday of each month, 10am-12 pm @ Route 6 Café. Stay for a couple of hours or just pop in. Bring some mending, a craft project or just yourself. Various mending materials supplied and group members can help problem-solve your mend. No need to RSVP, just turn up when you can. For more info contact: Kate Morgan via email: knitapotamus@gmail.com or Instagram: @mendworthy

Wanted

NEW WORLD STICKERS Northern Southland College would greatly appreciate any unwanted/surplus New World stickers for the current SMEG knife promotion to enable an upgrade of the knives in the Food Tech room. These can be given to the NSC Office, thank you.

OLD, DAMAGED, DEAD CARS Lumsden Volunteer Fire Brigade are needing cars/utes, damaged is even better. We use them for Motor Vehicle Crash training. If you think you can help with this please contact Mike 027 228 1652

CAN TABS AND METAL WINE CAPS These are being collected to help raise funds for Dialysis. Please drop off at the College office, Vet South Winton or a to a member of your local Fire Brigade.

BALEAGE DELIVERED Ag Contractor wanted to supply & deliver quality baleage. Up to 10 bales, close to Lumsden, must have tractor to unload. Phone 027 414 2288

For Sale

HAPPY KLUCKERS Hyline Pullets $40 each. Taking orders now. Find us on Facebook or contact 021 217 8512

TEA FERG 35 PETROL needs a bit of TLC $800 ph 027 248 7757

NORTHERN SOUTHLAND COLLEGE

After a break of seven years NSC is proud to present a student production…

Community members are invited to attend to support our students

Performances

Matinee: Wednesday 23 September 11am
Open to Adults and Children under 5

Evening: Thursday 24 September 7pm

Tickets are available via our Kindo Community Shop just scan the QR code

Weekly *(During School Terms)*

MONDAY

BALFOUR SCOUT GROUP Cubs 6-10 years, Scouts 10-years, Monday nights 6.00-7.30pm, Balfour Scout Hall Kruger Street, For more info please contact group leader Noortje Hamers on 027 937 4851.

LUMSDEN LIBRARY BRICK CLUB Fortnightly during term time. Mondays 3-4pm. Calling all Lego fans, come along and take the weekly challenge. For more information ask at the Library.

LUMSDEN LIBRARY CHESS CLUB fun for all ages. All welcome. Fortnightly (on alternating Mondays with Brick Club). Mondays 3pm to 4.30pm. For more details, please contact carosine@hotmail.com

'SENIORS' CAFÉ' No joining fees just cost of a tea/coffee and scone - subsidised to $5.00. First Monday of the month 10am Contact Cara Colquhoun 03 248 7885.

TUESDAY

MOSSBURN PLAYGROUP We gather together every Tuesday during term from 9-12 at the community centre. Fun activities are organised each week with indoor/ outdoor play areas for the kids. We have a shared morning tea for the kids. We ask that you bring one box of crackers at the beginning of each term and one piece of fruit for each session. Hot drinks and morning tea are provided for adults. For more information please contact Ashleigh 027 389 7685.

DIPTON PLAYGROUP Every Tuesday 9.30-12pm. Located behind Dipton Memorial Hall. Fully certificated and co-ordinator run. Each session offers a theme/activity, as well as great indoor and outdoor play. Great chance for Mums and families to relax and allow little ones to have fun playing while learning. Plus a separate Discovery Time/Wa Kitea excursion for 4.5 year olds to Dipton School. Phone Jacinda 027 339 1394

DIPTON TOY LIBRARY 9.15am - 11.15 am. Other times by arrangement. During school term. Wide range of toys for 0-6 year olds. Located in the Memorial Hall. Fees: $45 annual; $12 casual. Email: diptontoylibrary@outlook.com

LUMSDEN LADIES' GOLF 9 and 18 holes. Tee off 10 am. Some sets of clubs available. Contact Lois Mitchell 027 487 4753. All welcome.

DIPTON GOLF CLUB 10.00 am, 18 holes contact Paddy 03 248 5149

COMMUNITY GARDEN meet every Tuesday 1pm at the garden in Helena Street. All welcome.

PATCHWORK & QUILTING CLASSES Patchwork and Quilting Class will be held most Tuesdays, Terms 1 and 4: 9.30am till 12.30, Terms 2 and 3: 1pm till 4pm at the Five Rivers School. Everyone welcome. Weekly fee, tutor $15, venue donation $3. Please phone/txt Jenny Tayler 027 227 2515 for further information, to register and to check dates

CASTLEROCK MOSSBURN PONY CLUB weekly rallies. Everyone welcome at any level, come along and have a go. Please contact Annabel Saunders - President 021 176 2648 or Megan Vande Sandt 027 269 3211

MOSSBURN SENIOR CITIZENS 1st & 3rd Tuesday at 2pm in rooms. $2 toward running costs. Meeting 1st Week. Bingo 3rd Week $2.00 with afternoon tea to follow. Contact Sonya 021 884 972. Chrissy 027 816 1656.

THE GREEN DOOR POP UP SHOP 11am -2pm. Free second hand goods including 4 single beds. Church hall in Home St Mossburn. Donations accepted.

WEDNESDAY

GARSTON PLAYGROUP Located at the Garston School Weds and Fridays 9am - 12:30pm Contact: garstonplaygroup@hotmail.com

LUMSDEN PLAYCENTRE Every Wednesday during school term 9:30-12:30. We have a wonderful inviting space that caters for tamariki ages 0-6. Te whāriki guiding our whānau practice and play. Free to attend, donations are accepted. Come along and check us out, or take a look at our Facebook page. For any further enquiries contact Trinity 027 307 9802 or email: lumsden@playcentre.org.nz

SING ONG TAI CHI Classes held on Wednesday at 10am at the Senior Citizens' Rooms in Lumsden. This branch of Sing Ong Tai Chi teaches the Yang style of Tai Chi Chaun as taught by Professor Yek Sing Ong and is now open to the public. The instructor is John Titter who has been training in Tai Chi since 2002. the Sing Ong Tai Chi is a very soft internal art that is beneficial for all ages and fitness levels beginners are welcome. Benefits of Tai Chi: Improved relaxation, Flexibility & Posture, Energy Levels, Co-ordination, Concentration and Rehabilitation. For more information contact John Titter Ph 027 491 7299 or email: j.k.titter@gmail.com

THURSDAY

NORTHERN SOUTHLAND WALKGROUP Meet the 2nd & 4th Thursday of the month. Come and join the leisurely wanders, good company. Seeing the highlights of different towns/areas. Car pool. Contact Mossburn Chrissie 027 816 1656, Riversdale Charmaine 027 358 3531

FIVE RIVERS' PLAY GROUP 9.30-2.30 Wonderful local playgroup, great indoor and outdoor play, music, paints, wood work and plenty more. Small focused activities every week, great chance for mums and families to relax and let kids be kids. Located in the old Five Rivers' School building. Contact Mikaela on 027 773 2083 or just pop along for a look.

FRIDAY

BALFOUR PLAYCENTRE Open Fridays during the school term 9.15-12.15 Located at the Balfour School. Come visit us and see what we can offer you and your Tamariki. Find us on Facebook or contact Carolyn 021 115 4333

GARSTON PLAYGROUP Located at the Garston School Weds and Fridays 9am - 12:30pm Contact: garstonplaygroup@hotmail.com

STITCH IT DON'T DITCH IT 2nd Friday of each month, 10am-12 pm @ Route 6 Café. Stay for a couple of hours or just pop in. Bring some mending, a craft project or just yourself. Various mending materials supplied and group members can help problem-solve your mend. No need to RSVP, just turn up when you can. For more info contact: Kate Morgan via email: knitapotamus@gmail.com or Instagram: @mendworthy

MID NORTHERN SOUTHLAND TOY LIBRARY will be open on the first Friday of every month from 2:45-3:30. Come and visit us at 33 Pluto Rd, Lumsden and check out our huge range of indoor and outdoor toys, puzzles and games. New members welcome. Contact Kate 027 811 2919 or find us on Facebook.

SATURDAY

MOSSBURN GOLF CLUB 18 holes tee off 12.30pm, 9 holes tee off 2:30pm. Open to all players. Now offering first year half price memberships for new members. Contact Richard 027 822 7719

SUNDAY

ATHOL MARKET every fine Sunday, 10am till 2pm outside The Brown Trout Café. Stalls only $5. Plenty of room for everyone. Please phone Jan on 03 248 5258 to book in or any enquiries

MID NORTHERN SOUTHLAND TOY LIBRARY will be open on the third Sunday of every month from 10-11am. Contact Kate 027 811 2919 or find us on Facebook

Public Notices

CARETAKER FOR LUMSDEN MEMORIAL HALL is Kath Miller phone 027 905 3108 or email kathcando@slingshot.co.nz

CANCER SOCIETY SUPPORT SERVICES available in your area for anyone affected by Cancer. Contact Jo Bremer 021 562 939.

LUMSDEN MATERNITY AND WELL CHILD HUB I am available for women to get free and confidential pregnancy tests, bloods tests ordered by their LMC during pregnancy, breastfeeding support and urgent antenatal assessments as required by the LMC. Monday and Thursday from 10am-2pm. Contact: Shelley Wesselson on 021 249 9964 or the Hub phone on 03 248 7050 at the Lumsden Maternity Hub, 58 Garden Street, Lumsden.

BALFOUR HALL FOR HIRE for bookings please contact Karen 027 201 0191 or Maree 027 433 2841

THE FIVE FINGER CRAFT SHOP ARE DESPERATELY IN NEED OF VOLUNTEERS to help out in the craft shop. Work hours to suit your day just one or two days a month to have shop open for the many travellers who call. Please contact Trish on 027 512 9425 to get more info.

STORAGE AVAILABLE for cars, boats, campervans, furniture. Ph 021 154 9428

LIONS CLUB OF LUMSDEN PROUDLY SERVING OUR COMMUNITY SINCE 1964. From supporting local needs to fostering future leaders, the Lions Club of Lumsden is making a difference. **Did You Know: The Lions Club of Lumsden** presented the **Lumsden Fire Brigade** with a **Moveable Dam** for water storage? **Like** to get involved or learn more? **Contact Jim** on 027 204 2792 or **Dave** on O21 849 609 or pres.lumsden@lionsclubs.org.nz Follow us on Facebook: Lions Club of Lumsden - Facebook

ST JOHN STORE LUMSDEN The weather has taken a turn but never fear our shop is fully stocked with books, DVD and puzzles to keep you entertained on those rainy days. Come on in to grab a bargain today.

MOSSBURN DISTRICT CHARITABLE TRUST The Mossburn District Charitable Trust was formed to provide financial support, with emphasis on improving education, development and the general well-being of local citizens. Applicants must have resided in the Mossburn District for a period of at least five years, and/or attended the Mossburn School. There will be two funding rounds closing on 31 August and 28 February of each year. To apply for a grant you must use the official application form. Applications are now open for the second round and must be received in writing by 5pm 31 August 2026. Please contact the Trust Secretary, Sonya Taylor on 021 884 972 or mossburndct@gmail.com to obtain a grant application form

FIVE FINGER CRAFT & INFORMATION Find us in the Old Railway Station, Diana Street, Lumsden

LUMSDEN PLAYCENTRE AVAILABLE FOR HIRE for your birthday parties. $80 for day hire; Contact Trinity 027 307 9802

Public notices continued

LUMSDEN RURAL WOMEN RAFFLE Six draws ranging from a $400 Four Square voucher to Four pizzas at Railway Hotel - only $5 per ticket available from Lumsden Pharmacy and Lumsden Four Square. Originally being drawn on September 4 now available until all sold. Money raised is used to help our Community.
LUMSDEN GOLF CLUB CENTENNIAL Save the date Lumsden Golf is holding their centennial celebration on 6-7 February 2027. To register your interest please email: lumsdengolfclub@gmail.com or ring Janette 027 643 3040
WINTON FOOTBALL CLUB Summer Football league entries are now open. Please contact: 5aside.wintonfootball@gmail.com to be sent a team entry form or to make an enquiry. Individual players may be able to be placed in teams a bit light on numbers if you don't have your own team.
SCULLYS TRANSPORT WATER DELIVERY If you are in need of water we deliver to Northern Southland. Give us a call on 027 236 0759
DECLUTTERING CAN BE FUN! Would you like to participate in a HUGE Lumsden **collective garage sale on Halloween Saturday 31 October from 9am to 4pm?** To be included as a vendor on a plotted map, contact DASH on 027 831 7909.
THE OLD RAILWAY HOTEL, LUMSDEN Sunday Roast $25, gold card discount from 5pm. Hand Made Pizza's every night / or day from $19.

Accommodation

AVAILABLE NOW TWO BEDROOM FLAT FOR RENT IN LUMSDEN with separate carport. Yunca multi-fuel fireplace. Warm, cosy and in great condition with a modern bathroom/laundry. Close to amenities. $290 per week.
Enquires to: sandra.welsh@nsc.school.nz
ROOM FOR RENT $220 A WEEK includes firewood and wi-fi 5 minute walk to Four Square must be working & love dogs. 021 241 6620
SPACIOUS ROOM FOR RENT in large sunny house in centre of Lumsden. 2 minutes walk to the pubs, cafes and Four Square. Sharing with one other person, plus dog and cat. $180 p/w. Includes bills (power/firewood/Netflix). Call or message Josie on 021 130 6528
ROOMS AVAILABLE IN A HOUSE furnished or unfurnished with another male in Lumsden ph/text 027 388 2087 Good w/rent negotiable
ROOM AVAILABLE NOW IN WARM MODERN HOME Double glazing, central heating and Woodsman log burner. Long term in Athol. Female wanted to share with one professional female. References required. Must be working. Must be a dog person. Queen bed or king single bed available if needed. Share large bathroom. Lock up garage for car over winter. Rent $450 per week includes power, gas, water, firewood. TEXT ONLY 021 027 96241
HOUSE FOR RENT BALFOUR Three bedrooms, heat pump and fire. $400 per week. References required. 027 473 3930 for more information.

Employment

LAMBING SHEPHERD REQUIRED From the beginning of September but dates can be flexible. Enquiries Elliot King 027 201 6188
WE ARE LOOKING FOR A RELIABLE PART TIME PERSON varied duties include shop work and furniture prep. Cheerful disposition and flexible attitude. Please Email us your CV to: hunnyshopgarston@gmail.com or: sparksy120@gmail.com
EXPERIENCED LAMBING SHEPHERD WANTED to help with lambing. Starting 1st September for 6 weeks. Contact Jeremy 027 6348 100
MAINTENANCE PERSON REQUIRED FOR A LARGE COUNTRY GARDEN, for pea strawing & Water Blasting work. Phone: 027 620 9867.
CASUAL WORKER REQUIRED ON SHEEP AND BEEF FARM 20 minutes from Lumsden. Working dogs would be useful but are not essential. Phone 021 444 802.

Messages for the Lumsden Light

Email to lumsdenlight@hotmail.com
or deliver to Lumsden Pharmacy

NO Phone Messages

Messages need to be received by 12 noon Wednesday for that weeks publication.

Local Businesses

ADDED ENERGY LTD Our team of experienced staff can handle all your electrical, pumping, dairy shed and effluent needs. Domestic, rural, industrial, commercial, inspections, solar and energy efficiency, we can handle it all 0800LUMSDEN (0800 586 733)
AG & EARTH MECHANICAL AND ENGINEERING SERVICES a mobile operation servicing the Southland and Otago regions, with repairs on agricultural and earthmoving equipment, tractor servicing & repairs and on-farm engineering needs. Phone Simon 027 259 9919.
ARDLUSSA AG LTD BALING SERVICES providing Film on Film, Mowing, Raking, Tedding and more. Available throughout Southland area, based in Balfour. Call Dale 021 127 2876 or email admin@ardlussaag.com
BALFOUR THEATRE COMPANY COSTUME HIRE. Phone Ziggy Roy 201 6058 or 027 444 8353
BRETT MIDDLETON CONTRACTING LTD For all your Fencing requirements and now available Diggers/Bulldozers for all your earthworks requirements with experienced operators. Phone for a quote 027 329 2698.
BROOM AND GORSE SPRAYING specialist in steep terrain and all general spraying. For more information please ph/text Jason Hoyle 021 185 1909
BURR FARM SERVICES Whether it's spraying out, crop protection, or liquid fertiliser application, our boom spraying services have you covered. Phone Mike on 027 629 9975
CARPENTRY SOUTH 2024 LTD Builders covering all of Southland for your residential, commercial and rural requirements. Member of NZ Certified Builders and Licensed Building Practitioners. Please phone Scott Weller on 027 303 9304 or Michael Clark on 027 839 3814 for any inquiries.
CORESTONE PLUMBING & HEATING Lumsden locals – get your home winter-ready. Corestone Plumbing & Heating install radiators, underfloor heating & heat pumps for warm, efficient living. Reliable service. Quality workmanship. Call Rocco 027 306 1580 Email: info@corestoneplumbing.com | www.corestoneplumbing.com
DAVID STEVENSON AUTO LTD York Rd, Riversdale. We can offer Lumsden and surrounding districts the following - Full Mechanical repairs, Transmission Flush, Tyres and Batteries, Diagnostic scanning. Contact the team at 027 437 3631.
DIPTON SERVICE CENTRE 2018 LTD Mechanical repairs, batteries, WOF, tyres, computer diagnostics and European specialist. Contact Tim 03 248 5273 or 022 127 8391
DRILL & TILL MOSSBURN LTD Direct Drilling and Cultivation, servicing Mossburn and surrounding areas. Contact Henry on 027 346 5511
EARTHMOVING AND DRAINAGE CJ AND AR SHEAT LIMITED 13 tonne digger, tip truck, transporter and drain cleaner. Farm drainage and general earthworks, site preparation, root raking, blocked drains and tiles, gravel supply and cartage. Phone Campbell 027 271 8283 or Ang 027 9182 155
EVANS FREIGHT Daily freight service for all freight/courier parcels ex Invercargill, Winton, Lumsden, Mossburn and Te Anau and return. Can help with freight connections in New Zealand. All enquiries 03 249 7119.
EWL LIMITED SILAGE AND BALING CONTRACTOR Based in Balfour, we service the Northern Southland District. From Balfour to Athol, Five Rivers to Mavora and everywhere in between. Phone Brent on 027 485 5994 to discuss your grass harvesting requirements. Email: ewl.balfouroffice@gmail.com or Find us on our Facebook page, EWL Limited. Or visit our website ewl.nz
FARMLANDS MOSSBURN LAST DAY OF LAMBING DEALS FRIDAY! Stock up on everything you need for lambing! We've got some great deals in-store, so pop in and grab what you need before the season gets underway! Don't forget - it's our last Friday lunch from 11am! Come see the team at Farmlands Mossburn!
FIVE FINGER CRAFT & INFORMATION Come and check out our range of Baby knits, gifts and knitwear for the whole family and check out our half price items in store Find us on Facebook. Find us in the Old Railway Station, Diana St Lumsden
G & D MINI DIGGER 5 ton digger for hire, power & sewage, trenching, sheep yards, shed pads, gravel carting, drilling 125 mm, 200mm, 300mm & 600mm. Phone Garry on 027 295 4484
HALO TRAINING partners with Southland businesses to build confident leaders, safer workplaces and stronger teams. We deliver practical, no nonsense leadership training that drives real performance, not tick box compliance. If you are ready to lift capability and raise the standard, HALO is ready to back you. Get in touch today: www.halotraining.co.nz 020 409 23560 info@halotraining.co.nz Based at Willow Society, 35 Diana Street. HALO is at the back of the building. Pop in and see us.
HAMMOND DAVIDSON LTD – CHARTERED ACCOUNTANTS If you are looking for a fresh, friendly and forward-thinking approach to meet your accounting and business advisory needs, contact us for a free initial consultation Ph (03) 202 7508
HANK'S PLACE TOPFLITE Scratch'n'lay 20kg for peak egg production and healthy hens. **TOPFLITE 5kg OYSTER GRIT -** for strong eggshells. Bagged 30kg Whole Wheat. **A LA CARTE Premium Active dog food** - keeps your working dogs healthy and plenty of energy to burn. Hanks Place 148 Flora Road Lumsden
HENSON ELECTRICAL SERVICES based in Riversdale and servicing all areas - Registered electrician providing electrical services from minor works, maintenance to full re-wires, domestic, rural, commercial, solar and energy management and efficiency - please contact Matt 021 027 42010.

SPONSOR

ULTRASCAN NORTHERN SOUTHLAND

Pregnancy testing cows and calf dehorning
Phone Lukas & Gabriela on 027 690 0179

Local Businesses

JACK RABBIT TRIMS BARBERSHOP Open 3 days a week, Sunday, Monday & Tuesday 10am to 7pm @ Willow Society Lumsden. walk-ins welcome or book an appointment at jackrabbittrims.nz

JIMMY'S CARPET - Carpet Layer. Free measure & quote Lumsden & surrounding districts. Phone Jimmy 027 445 9731.

KITCHENS & JOINERY MASTERCRAFT KITCHENS by NIGEL MOLLOY JOINERY LTD are proud to be your local kitchen manufacturer. Call the team on 0800 464 435 or Nigel on 027 437 4830 or email office@molloyjoinery.nz. Do you need a new Kitchen? Are you looking for shelving, storage, a pantry…. a laundry, wardrobes, doors, windows, stairs, bathroom or kitchen appliances? Then look no further as we do it all for you to suit your lifestyle and your budget! And our expert design team can turn your ideas into 3D plans and images, so you can see what your kitchen will look like. Call today and check out our website for inspirational ideas https://www.nigelmolloyjoinery.co.nz

LUMSDEN MOTEL - for all your accommodation needs phone 03 248 7418 or 027 683 8579 email: info@lumsdenmotel.co.nz Irene Benfell-Herron & David Herron -Owners

LUMSDEN PRESCRIPTION & GIFT CENTRE Open Monday-Friday 10am-5pm. Lunch break 12.45-1.15pm. Phone 03 248 7102 or for repeats text 027 230 1400 (no phone calls to this number please) **ONCE DAILY SCRIPT DELIVERY TIMES:** Monday to Friday is at 3pm (at the earliest) If unsure, please phone ahead to check if script is here 03 248 7102. Thank you for your understanding.

MASSAGE & SOFT TISSUE THERAPY AWAY ON MATERNITY LEAVE RETURNING IN 2026.

MASON ADAMS CONTRACTING LTD For all your crutching requirements – Ewes, Lambs and Rams over a triple or single trailers. Now also Tailing Contracting as well. Phone Mason on 027 491 3428

MINDFULNESS CLASSES AND TUITION, online and in person. These classes are trauma informed and aligned with matauranga maori. Please contact Sheree for more information M: +64 272 000 355 or visit www.withsheree.nz

NORTHERN SOUTHLAND BUILDERS for New Kitchen, Bathroom and Shower renovations. Replacement Windows and all Flat pack Joinery. Plus Landscaping, retainer walls, decks and fencing and planter boxes. Call Northern Southland Builders on 027 359 6468 for a free quote.

NORTHERN SOUTHLAND ST JOHN HEALTH SHUTTLE SERVICE: If you need transport to any medical appointment, including GP appointments, the Health Shuttle can take you. Just call the 0800 number. The Health Shuttle is for ALL Northern Southland residents whether you live in Lumsden, Mossburn, Balfour, Athol, Dipton, Waikaia or anywhere in between. The service operates Monday to Friday excluding public holidays. **FOR MORE INFORMATION OR TO MAKE A BOOKING PLEASE CALL 0800 103 046 BOOKINGS ARE REQUIRED BY 3PM THE DAY PRIOR TO TRANSPORT**. This service is run by volunteers. We do not charge a fee for Health Shuttle transport however, we do accept donations to help cover costs.

LOOKING FOR A QUALITY (AND QUALIFIED) MASTER PAINTER DECORATOR based in Lumsden? 40+years experience, painter decorator of Master Builders national competition winning home in 2001, top notch job is guaranteed. References are available to call. Small job and farm houses a specialty. All sorts of applications experience. Phone Ken Carston 0274781606 any time.

PLANTING NATIVE TREES? GARTO TREE PROTECTORS Innovative weed suppressing tree guards - No follow up spray needed after planting. Available at Mitre 10 Winton. For bulk quantities call Hugh 027 714 2188. Dipton based - discount given for locals / Lumsden Light readers.

PT SOLUTIONS - LUMSDEN COMMUNITY PHYSIOTHERAPY Andy Ralph is still here providing physiotherapy services to the Lumsden and Northern Southland communities out of the Lumsden Medical Centre, 58 Garden St, Lumsden. I specialise in the treatment of musculoskeletal and sports injuries, shoulder, back and neck pain, post operative, vocational rehabilitation and chronic pain. I am registered with ACC and can take self referrals. I work closely with Lumsden... Medical Centre, other specialists and imaging services to provide comprehensive management of all your treatment and rehabilitation needs. I am usually in Lumsden weekly however my days are variable, if you need an appointment please leave me a text on 027 747 0741 or an email: andrew.ralph@me.com with any questions or requests and I will get back to you.

Q-TECH CONSTRUCTION LTD For all your building, construction and maintenance needs. Please contact Blake O'Connor on 027 953 2452 or email: admin@qtechconstruction.co.nz

RACHAEL COLLINS-CELEBRANT A Validated member of the Celebrants Association of New Zealand (VCANZ). For inquiries call me on 027 235 5144 or email: info@rachaelcollins.co.nz

RIVERSDALE MEATS HOMEKILL Full service, on farm slaughter and processing. Local Professional Qualified butchers. All prices online, happy to do quotes. Search up Riversdale Meats Home kill to book in or call 03 202 5717 for helpful service and advice for your home kill needs.

ROCK HOMEKILL Ray **O**rchard **C**ontract **K**illing - Lumsden based operator - Servicing Northern Southland and Beyond since 2006. Check out our Facebook page - ROCK Homekill and use the ROCK Homekill booking - Jotform. Phone: Ray (Oz) 027 248 6396.

SHEREE HONEYFIELD-KING offers Attachment-informed, Trauma aware therapy, grounded in Hakomi Mindful Somatic Psychotherapy and aligned with matauranga maori. Sessions can be in person or online. For more information visit www.withsheree.nz. To make an appointment please contact Sheree +64 27 2000 355.

SOUTHERN HOOF CARE Professional hoof trim services and lame cow care in the south. Get in touch today ph 027 478 9632 or www.southernhoofcare.co.nz

SOUTHERN LAND & WATER PLANNING LTD We specialize in preparing: resource consents, farm environmental management plans, policy advice, DOC concessions, landscape and riparian management plans and landscape assessments. Call Rebecca on 027 424 6129 or Sonya on 027 505 0077 or visit www.slwp.co.nz for more information.

SQUARE UP BUILDING Rural - Residential - Landscapes, contact Jamie Maginn Licensed Building Practitioner & member of Registered Master Builders on 027 300 7780, jamie@squareupbuilding.co.nz follow us on Facebook to keep up to date with our latest projects

STALKER BUILDING LTD Stalker Building Ltd has been servicing Lumsden, Mossburn, Athol, Balfour, Dipton and surrounds since 2005. For all building requirements from repairs and maintenance to renovations, additions, fire installation to new builds. House plans available. Proud to be a member of Registered Master Builders and David is a Licensed Building Practitioner. For a professional service from a local lad call David Stalker 027 463 8685

ST JOHN STORE LUMSDEN ST JOHN STORE LUMSDEN The good news is we are opening up again on Saturdays, come on in and do some bargain shopping. Our open hours are Monday-Saturday 10am-4.30pm

STORAGESPACE.KIWI Secure, cost effective, storage solutions in Lumsden. Shipping containers also for sale. Phone Campbell Sheat 027 271 8283 www.storagespace.kiwi

SURE SOUTH INSURANCE SERVICES From your Ute & your Woolshed, to your Home & Business, let me advise, quote & arrange it all. No Broker Fees. 17 years' experience, fair, honest advice that respects your bottom line. Alan on 027 298 6416 or alan@suresouth.co.nz

TE ANAU DELIVERY SERVICE LTD Depot now at Lumsden Motel. Covers area from Te Anau to Invercargill, Queenstown, Wanaka, Cromwell just contact Khyle Brookland on 027 301 1969 (Facebook/ Messenger) Big or small he will carry it all just ask him.

ULTRASCAN NORTHERN SOUTHLAND Pregnancy testing cows and calf dehorning. Phone Lukas & Gabriela on 027 690 0179

WILSON BAIRD BUILDING Providing building services to Riversdale and the wider Northern Southland area. Licensed Building Practitioners completing new builds, renovations and farm buildings. Phone Gav Wilson on 027 319 1344 for all your building needs.

WINDSOR FLORIST Flowers for all of life's moments - birthday, thanks, get well, sympathy, anniversary, ball, wedding. Flowers and gifts, candles, soft toys, balloons, chocolates. Week day delivery to Invercargill and Southland including Northern Southland, Te Anau, Queenstown, Wanaka, Alexandra, Stewart Island and Christchurch. Phone 03 217 8050, Windsor Florist, 53 King Street, Invercargill for instore or on line shopping.